

**Slough Primary PSHE Network** 



UPDATE

#### 26.11.19

## Dear Colleagues

As agreed at the Primary PSHE Network, here is the first update email.

# New this week:

#### 1. SAVE THE DATE

#### Next meeting of the Slough Primary PSHE Network

Thursday 6th February 2020, 1.00-3.00pm, at St Mary's C of E Primary School, Yew Tree Road, SL1 2AR.

### 2. SAVE THE DATE

#### **FREE Periods Education training for KS2 and KS3**

Thursday 27th February 2020, 4.00-6.00pm. Includes PSHE Association certified lesson plans and a resource box worth £110.

#### 3. DEPARTMENT FOR EDUCATION

**Relationships, Sex and Health Education: guides for parents** Click here to find the guides in English and other languages:

#### 4. NATIONAL ONLINE SAFETY.com Weekly bulletin: #wakeupwednesdays

Sign up to receive weekly information about specific online platforms. https://nationalonlinesafety.com/resources/wake-up-wednesday/youtube-online-safety-guide/

# 5. EVERY MIND MATTERS

#### Self-care tool for teachers

Click here to create your own self-care action plan. https://campaignresources.phe.gov.uk/schools/resources/every-mind-matters-self-care-tool?

# Please get in touch if you would like further information about anything in this update or to discuss support for your school.

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