

UPDATE
26.11.19
SECONDARY

Dear Colleagues

As agreed at the Secondary PSHE Network, here is the first update email.

New this week:

1. **SAVE THE DATE**

FREE Periods Education training for KS2 and KS3

Thursday 27th February 2020, 4.00-6.00pm. Includes PSHE Association certified lesson plans and a resource box worth £110.

2. **DEPARTMENT FOR EDUCATION**

Relationships, Sex and Health Education: guides for parents

Click here to find the guides in English and other languages:

<https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

3. **NATIONAL ONLINE SAFETY.com**

Weekly bulletin: #wakepwnednesdays

Sign up to receive weekly information about specific online platforms.

<https://nationalonlinesafety.com/resources/wake-up-wednesday/youtube-online-safety-guide/>

4. **EVERY MIND MATTERS**

Self-care tool for teachers

Click here to create your own self-care action plan.

<https://campaignresources.phe.gov.uk/schools/resources/every-mind-matters-self-care-tool?>

Please get in touch if you would like further information about anything in this update or to discuss support for your school.

Susan

School Health & Wellbeing Project Officer

07753 316916

susan.dyer@slough.gov.uk