

**UPDATE NO. 11**

**28th February 2020**

**PRIMARY**

*New this week:*

**1. WORLD ORAL HEALTH DAY 20th MARCH 2020**

FREE resources available here: [World Oral Health Day 2020 resources](#)

**2. SAVE THE DATES - PRIMARY PSHE NETWORK MEETINGS**

Tuesday 24th March, 1.00—3.00pm at Claycots School: Town Hall Campus.

Wednesday 6th May , 1.00—3.00pm at Cippenham Primary School (venue tbc).

**3. READING WELL SCHEME**

Reading Well is a national scheme promoting reading as a way to understand, promote and manage mental and emotional health & wellbeing. There are five reading lists available including one for adults, one for children aged 7-11 and one for young people aged 12-18. More information can be found in the accompanying pdf document.

**4. FREE PERIOD PRODUCTS FOR LEARNERS**

A Department for Education scheme offering learners at all state-maintained schools and 16 to 19 education organisations in England access to free period products in their place of study. Ctrl click the link below for more information and to sign up for the scheme:

[DFE free period products scheme](#)

**5. BE KIND ONLINE**

This guide aims to provide you and your pupils with a reminder of just how important it can be to develop empathy online. It will help pupils to understand how people's actions can affect others, how to be more responsible and how displaying a kinder side can have such huge benefits. Follow this link to download the guide: [Be Kind Online tips](#)

**6. AWARENESS DAYS — SHARING GOOD PRACTICE**

If your school has been involved in activities and initiatives linked to awareness days , we'd love to hear about it. If you are happy to let us know what you have been doing please email me with further information: [susan.dyer@slough.gov.uk](mailto:susan.dyer@slough.gov.uk)

**7. SCHOOL HEALTH & WELLBEING RESOURCES DIRECTORY**

Find all these resources, and more, in the School Health & Wellbeing resources directory:

[School Health & Wellbeing resource directory](#)

**Please get in touch if you would like further information about anything in this update or to discuss support for your school.**

*Susan*

School Health & Wellbeing Project Officer

**07753 316916**

[susan.dyer@slough.gov.uk](mailto:susan.dyer@slough.gov.uk)