

Slough School Health & Wellbeing Project UPDATE No. 11 28th February 2020 SECONDARY



# New this week:

1. SAVE THE DATE - SECONDARY PSHE NETWORK MEETING Monday 16th March, 1.00—3.00pm at Slough & Eton CoE Business & Enterprise College

#### 2. YOUNG PEOPLE'S QUESTION TIME: TACKLING KNIFE CRIME IN SLOUGH

A topical debate in the Question Time format with a panel of guests answering questions posed by young people. Tuesday 31st March, 6.30—7.45pm at the Council Chambers, Observatory House, 25 Windsor Road, SL1 2EL. Please share the accompanying flier with pupils to ensure that any who are interested have the chance to attend.

### 3. READING WELL SCHEME

Reading Well is a national scheme promoting reading as a way to understand, promote and manage mental and emotional health & wellbeing. There are five reading lists available including one for adults, one for children aged 7-11 and one for young people aged 12-18. More information can be found in the accompanying pdf document.

# 4. FREE PERIOD PRODUCTS FOR LEARNERS

A Department for Education scheme offering learners at all state-maintained schools and 16 to 19 education organisations in England access to free period products in their place of study. Ctrl click the link below for more information and to sign up for the scheme: DFE free period products scheme

#### 5. BE KIND ONLINE

This guide aims to provide you and your pupils with a reminder of just how important it can be to develop empathy online. It will help pupils to understand how people's actions can affect others, how to be more responsible and how displaying a kinder side can have such huge benefits. Follow this link to download the guide: **De Kind Online tips** 

# 6. AWARENESS DAYS — SHARING GOOD PRACTICE

If your school has been involved in activities and initiatives linked to awareness days, we'd love to hear about it. If you are happy to let us know what you have been doing please email me with further information: <a href="mailto:susan.dyer@slough.gov.uk">susan.dyer@slough.gov.uk</a>

# 7. SCHOOL HEALTH & WELLBEING RESOURCES DIRECTORY

Find all these resources, and more, in the School Health & Wellbeing resources directory: School Health & Wellbeing resource directory

# Please get in touch if you would like further information about anything in this update or to discuss support for your school.

Susan

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