

UPDATE NO. 11

6th March 2020

PRIMARY

New this week:

1. **SAVE THE DATE - SECONDARY PSHE NETWORK MEETING**

Monday 16th March, 1.00—3.00pm at Slough & Eton CoE Business & Enterprise College

2. **REPORT AND REMOVE**

Childline have launched a Report & Remove tool for under 18s, who have had a nude image or video of themselves shared online, to enable them to report it and get it removed from the Internet: [Childline: Report & Remove](#)

3. **MAKING SENSE OF RELATIONSHIPS**

FREE lesson plans from the NSPCC for children aged 10-16 (key stages 2-4) on personal safety and healthy relationships. The age-appropriate lessons cover subjects such as: transition to secondary school, online safety and online friendships. They are endorsed by the PSHE Association and include a teacher's guide: [Making Sense of Relationships resources](#)

4. **FREE PUBERTY LESSON PLANS**

Part of the Rise Above resource series from Public Health England, the pack includes a lesson plan, activity and discussion ideas, a power point and videos - including a video specifically about boys puberty: [Rise Above: Puberty resources](#)

5. **BE KIND ONLINE**

This guide aims to provide you and your pupils with a reminder of just how important it can be to develop empathy online. It will help pupils to understand how people's actions can affect others, how to be more responsible and how displaying a kinder side can have such huge benefits. Follow this link to download the guide: [Be Kind Online tips](#)

6. **AWARENESS DAYS — SHARING GOOD PRACTICE**

If your school has been involved in activities and initiatives linked to awareness days, we'd love to hear about it. If you are happy to let us know what you have been doing please email me with further information: susan.dyer@slough.gov.uk

7. **SCHOOL HEALTH & WELLBEING RESOURCES DIRECTORY**

Find all these resources, and more, in the School Health & Wellbeing resources directory: [School Health & Wellbeing resource directory](#)

Please get in touch if you would like further information about anything in this update or to discuss support for your school.

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