**Slough School Health & Wellbeing Project**

**UPDATE No. 3**

**11th December 2019**

**SECONDARY**

**New this week:**

 **NATIONAL ONLINE SAFETY.com**

FREE posters with 12 Smartphone Safety Tips for Christmas and 12 Social Media Safety Tips for Christmas. Double

 click to download your copies here:

 **eBUG**

FREE, fun, classroom resources and activities for teaching about

 micro-organisms and the spread, prevention and treatment of infection. Ctrl click to download your resource pack here: **https://e-bug.eu/**

 **LEARN EQUALITY, LIVE EQUAL**

A FREE 12 week supportive whole-school programme, run by the Anti

 Bullying Alliance, enabling schools to find practical solutions to tackling homophobic, biphobic and transphobic (HBT) bullying. Ctrl click here to find out more: **Learn Equally, Live Equal**

 **KOOTH AT CHRISTMAS**

A reminder for pupils that Kooth is still available for 24/7 online

 counselling and self-help materials over the Christmas holidays.

 Double click the arrow to download a poster.

 **SCHOOL HEALTH & WELLBEING RESOURCES DIRECTORY**

Find all these resources, and more, in the School Health & Wellbeing resources directory: **School Health & Wellbeing resource directory**

**Please get in touch if you would like further information about anything in this update or to discuss support for your school.**

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