

Slough School Health & Wellbeing Project



UPDATE No. 2
8th January 2020
PRIMARY

New this week:

1. FREE Periods Education resources and training for KS2 and KS3

Thursday 27th February 2020, 4.00-6.00pm at St Martin's Place, Slough. Includes FREE PSHE Association certified lesson plans and a FREE resource box worth £110. Double click the link to download an information flier. To book a place, please e mail Susan Dyer susan.dyer@slough.gov.uk



2. FREE Mental Health & Emotional Wellbeing training

East Berkshire NHS Clinical Commissioning Group will be offering training during 2020. Double click the link to download an information flier. To receive details and updates by email cypmhtraining eastberkshire@nhs.net



3. PREVENTING INFECTIONS DURING THE WINTER MONTHS

Catch-it, Bin-it, Kill-it campaign posters. This Public Health England campaign encourages hand washing to prevent the spread of infection. Ctrl click the link to download FREE posters for your school <u>Catch-it</u>, <u>Kill-it</u>, <u>Bin-it resources</u>

eBug, FREE resources and training for teaching about infections, antibiotics and prevention at primary and secondary school. Ctrl click here to access the FREE resources <u>eBug resources</u>

Ctrl click here to access the FREE online training eBug online training

4. CHOICES PROGRAMME MASTERCLASS —THE FACILITATIVE APPROACH

For schools currently working with Engage Lime on the Choices Programme, a FREE masterclass workshop exploring ways in which teaching practitioners can create a safe working environment and enable effective discussion. Your school's Choices Champion will be provided with further details.

4. PREVENTING & CHALLENGING EXTREMISM THROUGH PSHE

FREE resource pack and programme of study produced by the PSHE Association.

Double click the links to download the FREE resources





Please get in touch if you would like further information about anything in this update or to discuss support for your school.

Susan

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