

Slough School Health & Wellbeing Project



UPDATE No. 9
7th February 2020

PRIMARY

New this week:

1. COVERING LGBT CONTENT IN YOUR CURRICULUM

Guidance from The Key on integrating LGBT content throughout the RHE curriculum:

Covering LGBT content in your curriculum

2. IMPROVE YOUR PRIVACY ONLINE

Advice and guidance from the UK Safer Internet Centre for educators, parents and carers: Improve Your Privacy Online

3. SAFER INTERNET DAY 11th FEBRUARY 2020

Theme -Together for a Better Internet. FREE resources available here: Safer Internet Day 2020

4. THE CHURCH OF ENGLAND EDUCATION OFFICE - RHE CHARTER & RESOURCES

A Relationships & Health Education Charter and resources including a policy template: Church of England Education Office resources

5. ALL ABOUT ME TOOLKIT

A FREE toolkit produced by Mentally Healthy Schools aimed at KS1 with activities, lesson plans and assemblies to help children think about who they are as a person, recognise what they are good at, identify positives things about themselves, learn from their experiences and set goals: All About Me Toolkit

6. STARTING WELL DENTAL PRACTICE OPEN DAYS

FREE open days at Starting Well NHS dental practices in Slough during half term. See accompanying flier for further information.

7. PREVENTING INFECTIONS DURING THE WINTER MONTHS

Catch-it, Bin-it, Kill-it campaign posters. This Public Health England campaign encourages hand washing to prevent the spread of infection. Click on the link to download FREE posters for your school **Catch-it**, Kill-it, Bin-it resources

8. AWARENESS DAYS — SHARING GOOD PRACTICE

If your school has been involved in activities and initiatives linked to awareness days, we'd love to hear about it. If you are happy to let us know what you have been doing please email me with further information: susan.dyer@slough.gov.uk

8. SCHOOL HEALTH & WELLBEING RESOURCES DIRECTORY

Find all these resources, and more, in the School Health & Wellbeing resources directory: School Health & Wellbeing resource directory

Please get in touch if you would like further information about anything in this update or to discuss support for your school.

Susan