## Healthcare from the heart of your community

## Berkshire Healthcare Miss

**NHS Foundation Trust** 



## Did you know that there's an increase in the reported cases of measles?

Measles is a highly infectious viral illness that can be very unpleasant and sometimes lead to serious and potentially life-threatening complications. The initial symptoms of measles develop around 10 days after you're infected. These can include:

- cold-like symptoms, such as a runny nose, sneezing and a cough
- · sore, red eyes that may be sensitive to light
- a high temperature (fever), which may reach around 40C (104F)
- small greyish-white spots on the inside of the cheeks

A few days later, a red-brown blotchy rash will appear. This usually starts on the head or upper neck before spreading outwards to the rest of the body.

If your child has not received two combined MMR (Measles, Mumps and Rubella) doses of the vaccine or, has previously received the singular MMR vaccines, they will NOT be protected. Two combined MMR doses are required for full protection.

We vaccinate children from Reception to Year 13 and the vaccine is free. This will also benefit young people who will be attending college/university in September. We offer community clinics across Berkshire both after school and on Saturdays and we would be happy to arrange an appointment for your child to be immunised.

<u>Berkshire West:</u> If your child attends a school in Reading, Wokingham, or West Berkshire please contact us by email:

bks-tr.SchoolimmunisationTeam@nhs.net or phone 0118 9207575.

Berkshire East: If your child attends a school in Slough, Windsor, Ascot and Maidenhead or Bracknell please contact us by email:

bks-tr.SchoolimmunisationTeam@nhs.net or phone 01753 636759.

We look forward to hearing from you! Thank you.