



HEALTH &  
WELLBEING  
SLOUGH

## HEALTHIER, HAPPIER YOU

- ✓ NHS Health Checks
- ✓ Child and Adult Weight Management
- ✓ Stop Smoking
- ✓ Falls Prevention
- ✓ Keeping Active
- ✓ Advice on Alcohol Intake
- ✓ Emotional Wellbeing
- ✓ Advice on Oral Health

 [www.healthandwellbeingslough.co.uk](http://www.healthandwellbeingslough.co.uk)

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