

3- ONLINE SAFETY

The resources, training and sources of support listed below are all produced by reputable organisations but the School Health & Wellbeing Project does not assess them and it is important that schools review them before use to ensure they are suitable for their pupils and/or staff.

ALL TRAINING, RESOURCES AND SUPPORT ARE FREE UNLESS SPECIFICALLY STATED.

Please get in touch if you would like further information about anything in this information sheet or to discuss support for your school or college.

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GUIDANCE for SCHOOLS

ASSOCIATION FOR ADULT & CHILD ONLINE SAFETY SPECIALISTS

[Online safety advice video for schools](#)

CHILDNET

[Information, guidance and resources about online safety for schools](#)

CHILDREN'S COMMISSIONER FOR ENGLAND

[Guidance for schools on keeping virtual classrooms safe online](#)

DEPARTMENT FOR EDUCATION

[Safeguarding and remote education guidance during coronavirus \(COVID-19\)](#)

[Online education resources including wellbeing](#)

[Teaching online safety in schools](#)

[Education for a Connected World - a framework to equip children and young people for digital life](#)

[Digital Resilience framework](#)

[Relationships, Sex & Health Education - new curriculum from September 2020 including compulsory online safety education](#)

E SAFETY ADVISER

[Information, advice, updates and training for schools](#)

LONDON GRID FOR LEARNING

[A guide to safer remote learning for teachers](#)

NATIONAL ONLINE SAFETY.COM

[A guide to safer remote learning for teachers](#)

NET AWARE (O2)

[Online Safety Gurus offering practical support and advice to schools, parents and carers](#)

SERVICES FOR EDUCATION

[Blog: 7 considerations for safe home learning](#)

STONEWALL

[LGBT inclusive guide to supporting young people to stay safe online](#)

NSPCC

[Guidance for undertaking remote teaching safely](#)

[eSafety guidance for schools](#)

UK COUNCIL FOR INTERNET SAFETY (UKCIS)

[Digital Resilience framework](#)

[Education for a Connected World - a framework to equip children and young people for digital life](#)

UK SAFER INTERNET CENTRE

[Guidance for schools on appropriate online filtering and monitoring](#)

[Information and updates for schools](#)

[Improve your privacy online – advice for teachers and parents](#)

[Online Safety for NQTs - the ultimate starter pack](#)

TEACHING RESOURCES

BRITISH BOARD OF FILM CENSORS

[Let's Watch a Film! Making choices about what to watch – scheme of work and teaching resources for KS2 to equip students with the skills they need to make informed choices about what to watch](#)

[Making Choices: Sex, Relationships and BBFC Age Ratings – scheme of work and resources for KS3 to equip students with the skills needed to make considered and informed choices about the content they watch.](#)

CHILDNET

[Teaching resources for schools](#)

[Video lessons about SMART online safety](#)

[Crossing the Line- teaching resources about sexting](#)

E SAFETY ADVISER

[Online safety videos for primary and secondary pupils on subjects including cyber security, sharing images and being kind online](#)

MEDIA SMART

[Teaching materials for primary schools about the advertising and body image, online and social media advertising and influencer marketing](#)

[Teaching materials for secondary schools about advertising and body image, online and social media advertising and influencer marketing](#)

NATIONAL CRIME AGENCY

[Exploring Cyber Crime lesson plans](#)

NATIONAL ONLINE SAFETY.COM

[A guide about the pressures children and young people feel from social media linked to appearance](#)

[A guide about the pressures children and young people feel from social media linked to social media influencers](#)

[A guide about the pressures children and young people feel from social media linked to friends and followers](#)

[A guide about the pressures children and young people feel from social media linked to likes](#)

[How not to become a screen zombie – a guide for young people to raise their awareness around screen addiction](#)

[The full range of parent guides available can be accessed **HERE**](#)

RISE ABOVE (PUBLIC HEALTH ENGLAND)

[Lesson resources for year 6 and secondary age covering social media, cyber bullying and online safety](#)

THINK U KNOW

[Online safety home activity worksheets](#)

[Send me a pic – 3 lesson plans for 12-14 year olds about the consensual and non-consensual sending of nude images](#)

UK SAFER INTERNET CENTRE

[Primary zone - resources for primary aged children](#)

[Resources for 11-19 year olds](#)

[Online safety activities for home learning \(ages 3-7, 7-11, 11-14, 14-18\)](#)

YOUNG MINDS

[Resilience for the Digital World - report and recommendations for teaching online safety](#)

TRAINING OPPORTUNITIES
for STAFF

CONTEXTUAL SAFEGUARDING NETWORK

[Training video - Responding to sexting in schools](#)

INFORMATION, SUPPORT and SELF HELP
for CHILDREN & YOUNG PEOPLE

BBC

[Own It - website and app to help young people manage their online lives](#)

CEOP

[Advice and reporting for anyone concerned about online abuse](#)

CHILDLINE

[Report & Remove – guidance for young people on how to report and remove a sexual image of themselves that has been shared online](#)

[Online and mobile safety tips for children and young people](#)

CHILDNET

[GET HELP – Primary age](#)

[GET HELP - Secondary age](#)

CHILDREN'S COMMISSIONER FOR ENGLAND

[A children's guide to staying safe online](#)

[Digital 5 A Day - tips for achieving a healthy, balanced online life](#)

NATIONAL ONLINE SAFETY.COM

[Guide to safer remote learning for pupils](#)

[BE KIND ONLINE: a guide to help pupils to understand how people's actions can affect others, how to be more responsible on social media and how displaying a kinder side can have such huge benefits](#)

RISE ABOVE

[Website for young people offering information and advice on issues including online safety and wellbeing](#)

INFORMATION and GUIDANCE for PARENTS & CARERS

ASSOCIATION FOR CHILD & ADULT ONLINE SAFETY SPECIALISTS

[Online safety advice video for parents](#)

CEOP - PARENT ZONE

[Resources for families, to help them meet the challenges of the digital age.](#)

CHILDNET

[Resources for parents and carers to help keep children safe online](#)

CHILDREN'S COMMISSIONER FOR ENGLAND

[Digital safety kit for parents](#)

[Digital 5 A Day - tips for achieving a healthy, balanced online life](#)

E SAFETY ADVISER

[Online safety videos for primary and secondary pupils on subjects including cyber security, sharing images and being kind online](#)

INSTAGRAM

[How to use new anti-bullying features](#)

NATIONAL ONLINE SAFETY.COM

[A guide to safer remote learning for parents](#)

[A guide for parents about the House Party app](#)

[A guide for parents about the Tik Tok app](#)

[A guide about the pressures children and young people feel from social media linked to appearance](#)

[A guide about the pressures children and young people feel from social media linked to social media influencers](#)

[A guide about the pressures children and young people feel from social media linked to friends and followers](#)

[A guide about the pressures children and young people feel from social media linked to likes](#)

[How not to become a screen zombie – a guide for young people to raise their awareness around screen addiction](#)

[What parents need to know about protecting personal data](#)

[The full range of parent guides available can be accessed **HERE**](#)

NET AWARE (O2)

[Reviews for parents and carers about the most popular social networks, apps and games](#)

[Online Safety Gurus offering practical support and advice to schools, parents and carers](#)

ROYAL COLLEGE OF PAEDIATRICS & CHILD HEALTH

[Screen-time guide for parents](#)

SAFE TO NET FOUNDATION

[Support for parents and carers to keep children safe online](#)

THINK U KNOW

[Advice for parents & carers on supporting their children during the Coronavirus period and keeping them safe online](#)

[Think U Know parent's homepage](#)

[Online safety home activity worksheets](#)

YOU TUBE

[A video guide for parents about You Tube and how to use parental controls and filters](#)

UK SAFER INTERNET CENTRE

[Advice for keeping children happy and safe online while learning at home](#)

[Improve your privacy online – advice for teachers and parents](#)

X-BOX

[New parental control app](#)