SLOUGH SCHOOL HEALTH & WELLBEING PROJECT RESOURCES

6- GUIDANCE and POLICY DEVELOPMENT

The resources listed below by topic, are all offered by reputable organisations but the School Health & Wellbeing Project does not assess them and it is important that schools review them before use to ensure they are suitable for their school. ALL RESOURCES ARE FREE UNLESS SPECIFICALLY STATED.

Please get in touch if you would like further information about anything in this information sheet or to discuss support for your school or college.

Susan

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BACK TO SCHOOL – COVID-19 RECOVERY

ANNA FREUD CENTRE
Managing unexpected endings and transitions

A guide to supporting the mental health and wellbeing of pupils during periods of disruption

Managing the transition back to school

Coronavirus, supporting pupils' mental health and wellbeing

BARNARDO'S
Helping children cope with anxiety

CHARLIE WALLER MEMORIAL TRUST
Supporting children returning to school

Guides for schools & families

KOOTH
DATA RELEASE: How Covid-19 is affecting the mental Health of young people in the BAME community

ROYAL COLLEGE OF PAEDIATRICS AND CHILD HEALTH
ARTICLE: How is COVID-19 affecting children and young people in BAME communities?

YOUNG MINDS
Supporting a child returning to school after lockdown

Supporting a child with grief and loss during the Covid-19 pandemic

MENTAL HEALTH & WELLBEING

DEPARTMENT FOR EDUCATION
Mental health and behaviour in schools

Relationships, sex & health education (RSHE) in schools

Pastoral care in the curriculum

Bullying at school

ANNA FREUD CENTRE
Mental health toolkit for schools

Supporting mental health & wellbeing in schools, guidance for staff

Supporting mental health & wellbeing in secondary schools, guidance for staff

Mentally healthy schools (primary)

Managing unexpected endings and transitions

A guide to supporting the mental health and wellbeing of pupils during periods of disruption

ANTI-BULLYING ALLIANCE
A whole school approach to anti-bullying

ANTI-BULLYING FROM THE DIANA AWARD
Your school's responsibilities in relation to bullying

BARNARDO'S
Helping children cope with anxiety

CHARLIE WALLER MEMORIAL TRUST
Guides for schools & families

EDUCATION ENDOWMENT FOUNDATION
Improving social & emotional learning in primary schools

MENTAL HEALTH FOUNDATION
Mental health in schools, make it count - policy briefing, let's put mental health & wellbeing at the heart of children's school experience

Mental health in schools, make it count - a guide for teachers

NSPCC
Promoting mental health & wellbeing

PSHE ASSOCIATION
Guide to teaching about mental health and emotional wellbeing

PUBLIC HEALTH ENGLAND
Promoting children and young people's emotional health & wellbeing, a whole school and college approach

Measuring & monitoring children & young people's mental wellbeing - a toolkit for schools and colleges

RELATIONSHIPS & SEX EDUCATION

DEPARTMENT FOR EDUCATION

Relationships Education, Relationships & Sex Education (RSE) and Health Education

Relationships Education, RSE and Health Education FAQs

Understanding relationships and health education in your child's school - a guide for parents (primary)

Understanding relationships, sex and health education at your child's school - information for parents (secondary)

Engaging parents with relationship education policy

Pastoral care in the curriculum

Free period products for education providers scheme

CHURCH OF ENGLAND EDUCATION OFFICE
Information, guidance and resources including policy templates for developing RSHE in a CofE school

CATHOLIC EDUCATION SERVICE
Information, guidance and resources including policy templates for developing RSHE in a catholic school

DO...
Guidance and resources for school leaders and RSE/PSHE Leads

EDUCATION OFFICE NORTHERN IRELAND
Guidance on supporting transgender young people

GOVERNMENT EQUALITIES OFFICE
Homo-phobic, bi-phobic and trans-phobic anti bullying project

NSPCC
How to have difficult conversations with children – guidance for school staff , parents & carers

PSHE ASSOCIATION
PSHE programme of study 2020 for KS1-5

PSHE planning framework for pupils with SEND

Guidance on teaching about consent

SEX EDUCATION FORUM
RSE curriculum design tool

STONEWALL
LGBT guidance and best practice toolkits for schools

Guidance for supporting LGBT children and young people

Next steps for inclusive education- guidance

ONLINE SAFETY

ASSOCIATION FOR ADULT & CHILD ONLINE SAFETY SPECIALISTS
Online safety advice video for schools

CHILDNET
Information, guidance and resources about online safety for schools

CHILDREN'S COMMISIONER FOR ENGLAND
Guidance for schools on keeping virtual classrooms safe online

DEPARTMENT FOR EDUCATION
Safeguarding and remote education guidance during coronavirus (COVID-19)

Online education resources including wellbeing

Teaching online safety in schools

Education for a Connected World - a framework to equip children and young people for digital life

Digital Resilience framework

Relationships, Sex & Health Education - new curriculum from September 2020 including compulsory online safety education

E SAFETY ADVISER

Information, advice, updates and training for schools

LONDON GRID FOR LEARNING
A guide to safer remote learning for teachers

NATIONAL ONLINE SAFETY.COM
A guide to safer remote learning for teachers

NET AWARE (O2)
Online Safety Gurus offering practical support and advice to schools, parents and carers

SERVICES FOR EDUCATION
Blog: 7 considerations for safe home learning

STONEWALL
LGBT inclusive guide to supporting young people to stay safe online

NSPCC
Guidance for undertaking remote teaching safely

eSafety guidance for schools

UK COUNCIL FOR INTERNET SAFETY (UKCIS)
Digital Resilience framework

Education for a Connected World - a framework to equip children and young people for digital life

UK SAFER INTERNET CENTRE
Guidance for schools on appropriate online filtering and monitoring

Information and updates for schools

Improve your privacy online – advice for teachers and parents

Online Safety for NQTs - the ultimate starter pack

HYGIENE and INFECTION PREVENTION

DEPARTMENT FOR EDUCATION
Coronavirus (Covid-19) guidance for schools

DEPARTMENT OF HEALTH
NHS Test and Trace service

Test & Trace.pdf

THAMES VALLEY HEALTH PROTECTION TEAM

TV Coronavirus
Management Schools

SLOUGH BOROUGH COUNCIL
Reducing your risk from Coronavirus

 # One Slough project

MANAGING MEDICAL CONDITIONS

DEPARTMENT FOR EDUCATION
Supporting pupils at school with medical conditions

STAFF HEALTH and WELLBEING

ANNA FREUD CENTRE
A guide for school staff to look after their own and colleagues' wellbeing during periods of disruption

A guide for school leaders on promoting staff wellbeing

10 steps towards staff wellbeing

DEPARTMENT FOR EDUCATION
Reducing school workload

EDUCATION SUPPORT PARTNERSHIP

Resources for supporting teacher wellbeing

BLOG: The impact of Covid-19 on staff mental health & wellbeing and what support is available

THE KEY FOR SCHOOL LEADERS
Supporting staff through illness & bereavement

Supporting staff who are grieving

YOUNG MINDS
Caring for the wellbeing of teachers and school staff