

## ONLINE SAFETY RESOURCES

The resources, training and sources of support listed below are all produced by reputable organisations but the School Health & Wellbeing Project does not assess them and it is important that schools review them before use to ensure they are suitable for their pupils and/or staff.

**ALL TRAINING, RESOURCES AND SUPPORT ARE FREE UNLESS SPECIFICALLY STATED.**

Please get in touch if you would like further information about anything in this information sheet or to discuss support for your school or college.

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## GUIDANCE for SCHOOLS

### ASSOCIATION FOR ADULT & CHILD ONLINE SAFETY SPECIALISTS

[Online safety advice video for schools](#)

### CHILDNET

[Information, guidance and resources about online safety for schools](#)

### CHILDREN'S COMMISSIONER FOR ENGLAND

[Guidance for schools on keeping virtual classrooms safe online](#)

### DEPARTMENT FOR EDUCATION

[Safeguarding and remote education guidance during coronavirus \(COVID-19\)](#)

[Online education resources including wellbeing](#)

[Teaching online safety in schools](#)

[Education for a Connected World - a framework to equip children and young people for digital life](#)

[Digital Resilience framework](#)

[Relationships, Sex & Health Education - new curriculum from September 2020 including compulsory online safety education](#)

### E SAFETY ADVISER

[Information, advice, updates and training for schools](#)

### NATIONAL ONLINE SAFETY.COM

[A guide to safer remote learning for teachers](#)

### NET AWARE (O2)

[Online Safety Gurus offering practical support and advice to schools, parents and carers](#)

### SERVICES FOR EDUCATION

[Blog: 7 considerations for safe home learning](#)

### LONDON GRID FOR LEARNING

[A guide to safer remote learning for teachers](#)

### NSPCC

[Guidance for undertaking remote teaching safely](#)

[eSafety guidance for schools](#)

UK COUNCIL FOR INTERNET SAFETY (UKCIS)

**Digital Resilience framework**

**Education for a Connected World - a framework to equip children and young people for digital life**

**UK SAFER INTERNET CENTRE**

**Guidance for schools on appropriate online filtering and monitoring**

**Information and updates for schools**

**Improve your privacy online – advice for teachers and parents**

**Online Safety for NQTs - the ultimate starter pack**

## TEACHING RESOURCES

**CHILDNET**

**Teaching resources for schools**

**Video lessons about SMART online safety**

**Crossing the Line- teaching resources about sexting**

**E SAFETY ADVISER**

**Online safety videos for primary and secondary pupils on subjects including cyber security, sharing images and being kind online**

**NATIONAL CRIME AGENCY**

**Exploring Cyber Crime lesson plans**

**NATIONAL ONLINE SAFETY.COM**

**A guide about the House Party app**

**A guide about the Tik Tok app**

**A guide about the pressures children and young people feel from social media linked to appearance**

**A guide about the pressures children and young people feel from social media linked to social media influencers**

**A guide about the pressures children and young people feel from social media linked to friends and followers**

**A guide about the pressures children and young people feel from social media linked to likes**

**How not to become a screen zombie – a guide for young people to raise their awareness around screen addiction**

**The full range of parent guides available can be accessed [HERE](#)**

**RISE ABOVE (PUBLIC HEALTH ENGLAND)**

**Lesson resources for year 6 and secondary age covering social media, cyber bullying and online safety**

**THINK U KNOW**

**Online safety home activity worksheets**

**Send me a pic – 3 lesson plans for 12-14 year olds about the consensual and non-consensual sending of nude images**

**UK SAFER INTERNET CENTRE**

**Primary zone - resources for primary aged children**

**Resources for 11-19 year olds**

**Online safety activities for home learning (ages 3-7, 7-11, 11-14, 14-18)**

**YOUNG MINDS**

**Resilience for the Digital World - report and recommendations for teaching online safety**

# TRAINING OPPORTUNITIES for STAFF

**CONTEXTUAL SAFEGUARDING NETWORK**  
[Training video - Responding to sexting in schools](#)

# INFORMATION, SUPPORT and SELF HELP for CHILDREN & YOUNG PEOPLE

**BBC**  
[Own It - website and app to help young people manage their online lives](#)

**CEOP**  
[Advice and reporting for anyone concerned about online abuse](#)

**CHILDLINE**  
[Report & Remove – guidance for young people on how to report and remove a sexual image of themselves that has been shared online](#)

[Online and mobile safety tips for children and young people](#)

**CHILDREN'S COMMISSIONER FOR ENGLAND**  
[A children's guide to staying safe online](#)

[Digital 5 A Day - tips for achieving a healthy, balanced online life](#)

**NATIONAL ONLINE SAFETY.COM**  
[Guide to safer remote learning for pupils](#)

[BE KIND ONLINE: a guide to help pupils to understand how people's actions can affect others, how to be more responsible on social media and how displaying a kinder side can have such huge benefits](#)

**RISE ABOVE**  
[Website for young people offering information and advice on issues including online safety and wellbeing](#)

# INFORMATION and GUIDANCE for PARENTS & CARERS

**ASSOCIATION FOR CHILD & ADULT ONLINE SAFETY SPECIALISTS**  
[Online safety advice video for parents](#)

**CEOP - PARENT ZONE**  
[Resources for families, to help them meet the challenges of the digital age.](#)

**CHILDNET**  
[Resources for parents and carers to help keep children safe online](#)

**CHILDREN'S COMMISSIONER FOR ENGLAND**  
[Digital safety kit for parents](#)

[Digital 5 A Day - tips for achieving a healthy, balanced online life](#)

## **E SAFETY ADVISER**

[Online safety videos for primary and secondary pupils on subjects including cyber security, sharing images and being kind online](#)

## **INSTAGRAM**

[How to use new anti-bullying features](#)

## **NATIONAL ONLINE SAFETY.COM**

[A guide to safer remote learning for parents](#)

[A guide for parents about the House Party app](#)

[A guide for parents about the Tik Tok app](#)

[A guide about the pressures children and young people feel from social media linked to appearance](#)

[A guide about the pressures children and young people feel from social media linked to social media influencers](#)

[A guide about the pressures children and young people feel from social media linked to friends and followers](#)

[A guide about the pressures children and young people feel from social media linked to likes](#)

[How not to become a screen zombie – a guide for young people to raise their awareness around screen addiction](#)

[What parents need to know about protecting personal data](#)

[The full range of parent guides available can be accessed \[HERE\]\(#\)](#)

## **NET AWARE (O2)**

[Reviews for parents and carers about the most popular social networks, apps and games](#)

[Online Safety Gurus offering practical support and advice to schools, parents and carers](#)

## **ROYAL COLLEGE OF PAEDIATRICS & CHILD HEALTH**

[Screen-time guide for parents](#)

## **SAFE TO NET FOUNDATION**

[Support for parents and carers to keep children safe online](#)

## **THINK U KNOW**

[Advice for parents & carers on supporting their children during the Coronavirus period and keeping them safe online](#)

[Think U Know parent's homepage](#)

[Online safety home activity worksheets](#)

## **YOU TUBE**

[A video guide for parents about You Tube and how to use parental controls and filters](#)

## **UK SAFER INTERNET CENTRE**

[Advice for keeping children happy and safe online while learning at home](#)

[Improve your privacy online – advice for teachers and parents](#)

## **X-BOX**

[New parental control app](#)