

SLOUGH SCHOOL HEALTH & WELLBEING PROJECT RESOURCES

6- GUIDANCE and POLICY DEVELOPMENT

The resources listed below by topic, are all offered by reputable organisations but the School Health & Wellbeing Project does not assess them and it is important that schools review them before use to ensure they are suitable for their school. ALL RESOURCES ARE FREE UNLESS SPECIFICALLY STATED.

Please get in touch if you would like further information about anything in this information sheet or to discuss support for your school or college.

Susan

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BACK TO SCHOOL - COVID-19 RECOVERY

ANNA FREUD CENTRE

[Coronavirus - Returning to School Toolkit #8](#)

[Reset, recover, rebuild - a roadmap for recovery](#)

[Managing unexpected endings and transitions](#)

[A guide to supporting the mental health and wellbeing of pupils during periods of disruption](#)

[Managing the transition back to school](#)

[Coronavirus, supporting pupils' mental health and wellbeing](#)

AUTISM BERKSHIRE

[Top tips for Autistic and ADHD children returning to school September 2020](#)

BARNARDO'S

[Helping children cope with anxiety](#)

CHARLIE WALLER MEMORIAL TRUST

[Supporting children returning to school](#)

[Guides for schools & families](#)

DEPARTMENT FOR EDUCATION

[Supporting children and young people with SEND as schools and colleges prepare for wider opening](#)

KOOTH

[DATA RELEASE: How Covid-19 is affecting the mental Health of young people in the BAME community](#)

NATIONAL CHILDREN'S BUREAU

[Mental health and wellbeing in primary schools - preparing for recovery](#)

ROYAL COLLEGE OF PAEDIATRICS AND CHILD HEALTH

[ARTICLE: How is COVID-19 affecting children and young people in BAME communities?](#)

YOUNG MINDS

[COVID-19 Back to School Recovery Briefing](#)

[Supporting a child returning to school after lockdown](#)

[Supporting a child with grief and loss during the Covid-19 pandemic](#)

MENTAL HEALTH & WELLBEING

DEPARTMENT FOR EDUCATION

[Mental health and behaviour in schools](#)

[Relationships, sex & health education \(RSHE\) in schools](#)

[Pastoral care in the curriculum](#)

[Bullying at school](#)

ANNA FREUD CENTRE

[5 Steps to Mental Health & Wellbeing Framework](#)

[Mental health toolkit for schools](#)

[Supporting mental health & wellbeing in schools, guidance for staff](#)

[Supporting mental health & wellbeing in secondary schools, guidance for staff](#)

[Mentally healthy schools \(primary\)](#)

[Managing unexpected endings and transitions](#)

[A guide to supporting the mental health and wellbeing of pupils during periods of disruption](#)

ANTI-BULLYING ALLIANCE

[A whole school approach to anti-bullying](#)

ANTI-BULLYING FROM THE DIANA AWARD

[Your school's responsibilities in relation to bullying](#)

BARNARDO'S

[Helping children cope with anxiety](#)

CHARLIE WALLER TRUST

[Guides for schools & families](#)

EDUCATION ENDOWMENT FOUNDATION

[Improving social & emotional learning in primary schools](#)

MENTAL HEALTH FOUNDATION

[Mental health in schools, make it count - policy briefing, let's put mental health & wellbeing at the heart of children's school experience](#)

[Mental health in schools, make it count - a guide for teachers](#)

NSPCC

[Promoting mental health & wellbeing](#)

PSHE ASSOCIATION

[Guide to teaching about mental health and emotional wellbeing](#)

PUBLIC HEALTH ENGLAND

[Promoting children and young people's emotional health & wellbeing, a whole school and college approach](#)

[Measuring & monitoring children & young people's mental wellbeing - a toolkit for schools and colleges](#)

RELATIONSHIPS & SEX EDUCATION

DEPARTMENT FOR EDUCATION

[Relationships Education, Relationships & Sex Education \(RSE\) and Health Education](#)

[Relationships Education, RSE and Health Education FAQs](#)

[Understanding relationships and health education in your child's school - a guide for parents \(primary\)](#)

[Understanding relationships, sex and health education at your child's school - information for parents \(secondary\)](#)

[Engaging parents with relationship education policy](#)

[Pastoral care in the curriculum](#)

[Free period products for education providers scheme](#)

CHURCH OF ENGLAND EDUCATION OFFICE

[Information, guidance and resources including policy templates for developing RSHE in a CofE school](#)

CATHOLIC EDUCATION SERVICE

[Information, guidance and resources including policy templates for developing RSHE in a catholic school](#)

DO...

[Guidance and resources for school leaders and RSE/PSHE Leads](#)

EDUCATION OFFICE NORTHERN IRELAND

[Guidance on supporting transgender young people](#)

GOVERNMENT EQUALITIES OFFICE

[Homo-phobic, bi-phobic and trans-phobic anti bullying project](#)

NSPCC

[How to have difficult conversations with children – guidance for school staff , parents & carers](#)

PSHE ASSOCIATION

[PSHE programme of study 2020 for KS1-5](#)

[PSHE planning framework for pupils with SEND](#)

[Guidance on teaching about consent](#)

SEX EDUCATION FORUM

[RSE curriculum design tool](#)

STONEWALL

[LGBT guidance and best practice toolkits for schools](#)

[Guidance for supporting LGBT children and young people](#)

[Next steps for inclusive education- guidance](#)

ONLINE SAFETY

ASSOCIATION FOR ADULT & CHILD ONLINE SAFETY SPECIALISTS

[Online safety advice video for schools](#)

CHILDNET

[Information, guidance and resources about online safety for schools](#)

CHILDREN'S COMMISSIONER FOR ENGLAND
[Guidance for schools on keeping virtual classrooms safe online](#)

DEPARTMENT FOR EDUCATION
[Safeguarding and remote education guidance during coronavirus \(COVID-19\)](#)

[Online education resources including wellbeing](#)

[Teaching online safety in schools](#)

[Education for a Connected World - a framework to equip children and young people for digital life](#)

[Digital Resilience framework](#)

[Relationships, Sex & Health Education - new curriculum from September 2020 including compulsory online safety education](#)

E SAFETY ADVISER
[Information, advice, updates and training for schools](#)

LONDON GRID FOR LEARNING
[A guide to safer remote learning for teachers](#)

NATIONAL ONLINE SAFETY.COM
[A guide to safer remote learning for teachers](#)

NET AWARE (O2)
[Online Safety Gurus offering practical support and advice to schools, parents and carers](#)

SERVICES FOR EDUCATION
[Blog: 7 considerations for safe home learning](#)

STONEWALL
[LGBT inclusive guide to supporting young people to stay safe online](#)

NSPCC
[Guidance for undertaking remote teaching safely](#)

[eSafety guidance for schools](#)

UK COUNCIL FOR INTERNET SAFETY (UKCIS)
[Digital Resilience framework](#)

[Education for a Connected World - a framework to equip children and young people for digital life](#)

UK SAFER INTERNET CENTRE
[Guidance for schools on appropriate online filtering and monitoring](#)

[Information and updates for schools](#)

[Improve your privacy online – advice for teachers and parents](#)

[Online Safety for NQTs - the ultimate starter pack](#)

HYGIENE and INFECTION PREVENTION

DEPARTMENT FOR EDUCATION
[Coronavirus \(Covid-19\) guidance for schools](#)

DEPARTMENT OF HEALTH
[NHS Test and Trace service](#)



Test & Trace.pdf

THAMES VALLEY HEALTH PROTECTION TEAM



TV Coronavirus
Management Schools

SLOUGH BOROUGH COUNCIL
[Reducing your risk from Coronavirus](#)

[# One Slough project](#)



#OneSlough.pdf

MANAGING MEDICAL CONDITIONS

DEPARTMENT FOR EDUCATION
[Supporting pupils at school with medical conditions](#)

STAFF HEALTH and WELLBEING

ANNA FREUD CENTRE
[A guide for school staff to look after their own and colleagues' wellbeing during periods of disruption](#)

[A guide for school leaders on promoting staff wellbeing](#)

[10 steps towards staff wellbeing](#)

DEPARTMENT FOR EDUCATION
[Reducing school workload](#)

EDUCATION SUPPORT PARTNERSHIP

[Resources for supporting teacher wellbeing](#)

[BLOG: The impact of Covid-19 on staff mental health & wellbeing and what support is available](#)

THE KEY FOR SCHOOL LEADERS
[Supporting staff through illness & bereavement](#)

[Supporting staff who are grieving](#)

YOUNG MINDS
[Caring for the wellbeing of teachers and school staff](#)