Online courses for parents & parents-to-be

FREE for parents, grandparents and carers*

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PARENTING

(Please note SURREY residents must use ACCESS CODE: ACORN)

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For technical support contact solihull.approach-parenting@heartofengland.nhs.uk or 0121 296 4448 Mon-Fri 9am-5pm





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Understanding Pregnancy, Labour, Birth and Your Baby - Available in English and Urdu

Online course for everyone around the baby: Mums, Dads, Grandparents, friends and relations. Written by Registered Midwives and NHS professionals.

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Online course for everyone around the baby: supporting you and the new arrival. Written by Psychologists, Psychotherapists and Health Visitors.

Understanding Your Child (0-19 yrs) -

Available in English, Urdu, Polish, Arabic, Bulgarian, Chinese

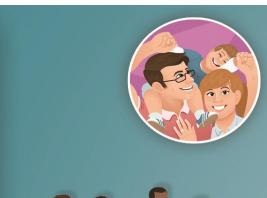
Popular **online** course about being the best parent, grandparent or carer you can be. Award winning with trusted content.

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solihull.approach@heartofengland.nhs.uk (+44) 0121 296 4448 www.solihullapproachparenting.com

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