SLOUGH SCHOOL HEALTH & WELLBEING PROJECT RESOURCES
3- ONLINE SAFETY

The resources, training and sources of support listed below are all produced by reputable organisations but the School Health & Wellbeing Project does not assess them and it is important that schools review them before use to ensure they are suitable for their pupils and/or staff.
ALL TRAINING, RESOURCES AND SUPPORT ARE FREE UNLESS SPECIFICALLY STATED.

Please get in touch if you would like further information about anything in this information sheet or to discuss support for your school or college.

Susan

School Health & Wellbeing Project Officer 07753 316916 susan.dyer@slough.gov.uk

GUIDANCE for SCHOOLS

ASSOCIATION FOR ADULT & CHILD ONLINE SAFETY SPECIALISTS
Online safety advice video for schools

CHILDNET
Information, guidance and resources about online safety for schools

CHILDREN'S COMMISIONER FOR ENGLAND
Coronavirus information pages

DEPARTMENT FOR EDUCATION
Safeguarding and remote education guidance during coronavirus (COVID-19)

Online education resources including wellbeing

Teaching online safety in schools

EDUCATION FOR A CONNECTED WORLD: 2020 update

Digital Resilience framework

Relationships, Sex & Health Education - new curriculum from September 2020 including compulsory online safety education

E SAFETY ADVISER
Information, advice, updates and training for schools

LONDON GRID FOR LEARNING
A guide to safer remote learning for teachers

NATIONAL ONLINE SAFETY.COM
A guide to safer remote learning for teachers

NET AWARE (O2)
Online Safety Gurus offering practical support and advice to schools, parents and carers

SERVICES FOR EDUCATION
Blog: 7 considerations for safe home learning

STONEWALL
LGBT inclusive guide to supporting young people to stay safe online

NSPCC
Guidance for undertaking remote teaching safely

eSafety guidance for schools

UK COUNCIL FOR INTERNET SAFETY (UKCIS)
Digital Resilience framework

Education for a Connected World - a framework to equip children and young people for digital life

UK SAFER INTERNET CENTRE
Guidance for schools on appropriate online filtering and monitoring

Information and updates for schools

Improve your privacy online – advice for teachers and parents

Online Safety for NQTs - the ultimate starter pack

TEACHING RESOURCES

BRITISH BOARD OF FILM CLASSIFICATION
Let's Watch a Film! Making choices about what to watch – scheme of work and teaching resources for KS2 to equip students with the skills they need to make informed choices about what to watch

Making Choices: Sex, Relationships and BBFC Age Ratings – scheme of work and resources for KS3 to equip students with the skills needed to make considered and informed choices about the content they watch.

CHILDNET
Teaching resources for schools

Video lessons about SMART online safety

Crossing the Line- teaching resources about sexting

E SAFETY ADVISER
Online safety videos for primary and secondary pupils on subjects including cyber security, sharing images and being kind online

MEDIA SMART
Teaching materials for primary schools about the advertising and body image, online and social media advertising and influencer marketing

Teaching materials for secondary schools about advertising and body image, online and social media advertising and influencer marketing

NATIONAL CRIME AGENCY
Exploring Cyber Crime - lesson plans

NATIONAL ONLINE SAFETY.COM

A guide about the pressures children and young people feel from social media linked to appearance

A guide about the pressures children and young people feel from social media linked to social media influencers

A guide about the pressures children and young people feel from social media linked to friends and followers

A guide about the pressures children and young people feel from social media linked to likes

How not to become a screen zombie – a guide for young people to raise their awareness around screen addiction

The full range of parent guides available can be accessed HERE

RISE ABOVE (PUBLIC HEALTH ENGLAND)
Lesson resources for year 6 and secondary age covering social media, cyber bullying and online safety

THINK U KNOW
Online safety home activity worksheets

Send me a pic – 3 lesson plans for 12-14 year olds about the consensual and non-consensual sending of nude images

UK SAFER INTERNET CENTRE
Primary zone - resources for primary aged children

Resources for 11-19 year olds

Online safety activities for home learning (ages 3-7, 7-11, 11-14, 14-18)

YOUNG MINDS
Resilience for the Digital World - report and recommendations for teaching online safety

TRAINING OPPORTUNITIES for STAFF

CONTEXTUAL SAFEGUARDING NETWORK
Training video - Responding to sexting in schools

INFORMATION, SUPPORT and SELF HELP for CHILDREN & YOUNG PEOPLE

BBC
Own It - website and app to help young people manage their online lives

CEOP
Advice and reporting for anyone concerned about online abuse

CHILDLINE
Report & Remove – guidance for young people on how to report and remove a sexual image of themselves that has been shared online

Online and mobile safety tips for children and young people

CHILDNET
GET HELP – Primary age

GET HELP - Secondary age

CHILDREN'S COMMISSIONER FOR ENGLAND
A children's guide to staying safe online

Digital 5 A Day - tips for achieving a healthy, balanced online life

INSTAGRAM
How to use new anti-bullying features

NATIONAL ONLINE SAFETY.COM
Guide to safer remote learning for pupils

BE KIND ONLINE: a guide to help pupils to understand how people's actions can affect others, how to be more responsible on social media and how displaying a kinder side can have such huge benefits

[HOW NOT TO BECOME A SCREEN ZOMBIE: a guide for young people to raise their awareness around screen addiction](#)

RISE ABOVE
[Website for young people offering information and advice on issues including online safety and wellbeing](#)

INFORMATION and GUIDANCE for PARENTS & CARERS

ASSOCIATION FOR CHILD & ADULT ONLINE SAFETY SPECIALISTS
[Online safety advice video for parents](#)

CEOP - PARENT ZONE
[Resources for families, to help them meet the challenges of the digital age.](#)

CHILDNET
[Resources for parents and carers to help keep children safe online](#)

CHILDREN'S COMMISSIONER FOR ENGLAND
[Digital safety kit for parents](#)

[Digital 5 A Day - tips for achieving a healthy, balanced online life](#)

E SAFETY ADVISER
[Online safety videos for primary and secondary pupils on subjects including cyber security, sharing images and being kind online](#)

INEQE SAFEGUARDING GROUP
[Information and video about the new WhatsApp disappearing messages function and how to keep children safe](#)

INSTAGRAM
[How to use new anti-bullying features](#)

INTERNET MATTERS.ORG
[Helping parents keep their children safe online](#)

[Gaming advice hub](#)

[# Stay Safe, Stay Home](#)

NATIONAL ONLINE SAFETY
An extensive selection of guides for parents and carers on a range of topics including: safer remote learning, apps such as House Party and TikTok, social media and the pressures it can put children young people under, screen addiction, 'sexting', 'trolling', gaming and gaming platforms, plus many others. The guides can be accessed through the new FREE **[National Online Safety app for parents](#)** or via the National Online Safety website **[HERE](#)**

NET AWARE (O2)
[Reviews for parents and carers about the most popular social networks, apps and games](#)

[Online Safety Gurus offering practical support and advice to schools, parents and carers](#)

ROYAL COLLEGE OF PAEDIATRICS & CHILD HEALTH
[Screen-time guide for parents](#)

THINK U KNOW
[Advice for parents & carers on supporting their children during the Coronavirus period and keeping them safe online](#)

[Think U Know parent's homepage](#)

[Online safety home activity worksheets](#)

YOU TUBE
A video guide for parents about You Tube and how to use parental controls and filters

UK SAFER INTERNET CENTRE
Advice for keeping children happy and safe online while learning at home

Improve your privacy online – advice for teachers and parents

X-BOX
New parental control app