

FREE courses for parent/carers who have children or young people who are pre- and post- assessment for **Autism**

**Dates for 2021 - every Wednesday  
Delivered over ZOOM**

**21st April 2021 to 26th May 2021**

**9th June 2021 – Wednesday 14th July 2021**

**15th September – Wednesday 20th October 2021**

**3rd November – Wednesday 8th December 2021**

**To register your place, please contact:- Lorraine Tritton  
lorrainetritton@hsslough.co.uk  
ring 01753 572958**

*We are registered charity supporting families in Slough and Burnham*

Over six weeks (in two hourly sessions) parents will explore:-

- Connecting with self and others
- Connecting with child/children
- Strategies that glue and connect the family
- Connecting in panic times (routines)
- "Connect before Correct" (positive discipline)
- Connections for next steps (what support is out there and where?)