



GEMS

Autism & ADHD Support Service
East Berkshire



01753 373 244 / 0800 999 1342



<https://www.gems4health.com>



gems.4health@nhs.net

Activities

What's on in June?

To book please contact GEMS on: 0800 999 1342 or email gems.4health@nhs.net

Rising Stars! A Weekly Social Group for 5 - 10-year-olds. 4.30 – 6pm

Thursday 3rd June – Group Trip (details to be confirmed)

Thursday 10th June – Smoothies

Thursday 17th June – Fathers day

Friday Night Club: Fortnightly Activities for 5 - 10-year-olds. 4 – 5pm

Friday 4th June – Word games

Friday 18th June – Cake decorating

Social Activity Session for 25-year-olds and over. 7 – 830pm

Friday 4th June– A monthly social group the meets on the first Friday of each month. We play online games and quizzes as well as taking time to discuss life's everyday struggles.

Saturday Night Gaming Club. A Weekly Gaming Group for 11–19-year-olds. 7 - 830pm

Saturday night is Among Us night, where young people gather online with staff members from Aik Saath (Together As One) to play this thrilling game.