## Jubilee River is not for swimmers

Stay safe as the temperature rises

Jubilee River runs through Slough and we want you to enjoy it safely. It may look an inviting place to cool off in hot weather. BUT there are hidden dangers which make going into the water harmful and may lead to drowning.



- Water is very cold and stops the body working quickly cold water shock
- Depth changes very deep in most places and shallow in others
- Strong currents can drag a person under the water
- Fast flowing water which can get faster at any moment
- Objects under the surface which can cause injuries e.g trolleys, glass
- Dirty or polluted water can cause illness

Risk of serious injury and death In an emergency, call 999 immediately

#### **Behaviour by the Jubilee River**

- Enjoy the river but take care at all times even on paths near the water
- Don't go into the water for a swim or paddle
- Don't dive or jump from bridges as the water can cause cold water shock even on the hottest of days
- Don't walk over the weir fast flowing water will knock you over
- Don't push a friend in the water even for fun
- Don't hang off branches or swing out over the water
- Don't vandalise lifebouys that are there to save lives
- 🍀 Don't jump over fences to get to water



# Stay safe near Slough's canal and park ponds



Children always need to be supervised.

- Be careful near the edges of the canal or ponds
- Don't follow animals into the water
- Be careful playing ball games near water
- Do not try to retrieve balls from the water
- Dangerous rubbish maybe hidden beneath the surface
- Canal is busy with barges and boats

### WANT A SWIM?

Have a safe swim on hot days at The Centre, and Langley Leisure Centre. Organised activities such as kayaking on the Jubilee River can be organised by The Riverside Centre. Slough has a working canal where barges travel, especially in the holiday season. The borough also has ponds in some of our parks. These waterways also pose dangers to children.

### PADDLING POOLS

Paddling pools are great for children to cool off in their own gardens. However, they also pose danger to children who can drown in as little as two inches of water. *\*never leave* 

children alone around water



Stay safe around all water and enjoy the sunshine