

BRAND NEW! Online course 'Understanding your child's mental health and wellbeing' from the Solihull Approach (NHS)

- Are you worried about the impact of the pandemic on your children and young people mental health?
- Would you like to support, guide and help understand your child, teenager and young person emotional health and mental wellbeing?
- Register for FREE online parenting guides available 24/7 on your PC, laptop, tablet or your smartphone!
- Visit www.inourplace.co.uk , create your account and apply the access code **PARENTING**
- Start the guides at your own pace, put ideas into practice and see the difference in your relationship with your child!

Start unlocking your potential as parent, grandparent and carer NOW!

The graphic features a purple background with a central illustration of a diverse family (father, mother, and four children) standing together. To the left, there are logos for 'UNDERSTANDING YOUR CHILD SOLIHULL APPROACH', 'ourplace', and 'NHS'. A green curved banner in the top right corner says 'DISCOVER THIS COURSE HERE: WWW.INOURPLACE.CO.UK'. Below the family illustration, there are two purple overlapping shapes with callout lines pointing to pricing information. At the bottom, there is a note about prepayment for residents.

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

ourplace

NHS

Online course for parents
'UNDERSTANDING YOUR CHILD'S MENTAL HEALTH & WELLBEING'

DISCOVER THIS COURSE HERE:
WWW.INOURPLACE.CO.UK

COMPLETE PART 1
COMPLETE 'UNDERSTANDING YOUR CHILD' - £39*

OR

'UNDERSTANDING YOUR CHILD WITH ADDITIONAL NEEDS' - £38*

COMPLETE PART 2

ONLINE LEARNING
(AVAILABLE 24/7)

WORK THROUGH THE CONTENT ANONYMOUSLY AT YOUR OWN PACE

*PREPAID FOR RESIDENTS ELIGIBLE FOR AN ACCESS CODE