Lockdown RSHE Lessons – Online Safety & Safer Internet Day – R, KS1 & 2

Safer Internet Day 2021 takes place on **9th February**.
The theme this year in the UK is **An Internet We Trust: Exploring Reliability in the Online World**,
which fits in with the global Safer Internet Day slogan **Together for a Better Internet**.

Below are links to access lesson plans and resources for home learning that may help encourage pupils to consider their safety online and be aware that not all information on the internet is reliable. There are also some resources for parents/carers to accompany the home learning and a section with links to guidance for education staff about safer home learning and PSHE.

The resources listed below are all produced by reputable organisations but the School Health & Wellbeing Project has not assessed them and it is important that schools review them before use to ensure they are suitable for their pupils

Safer Internet Day 2021

Lesson plans and materials, teachers' guides, assemblies and guides for parents which have been adapted for use remotely.

Reception and Key Stage 1

Key Stage 2

Educators Guide

Family Activities and Guidance for Parents and Carers

Think U Know – Online Safety Toolkits

Editable PowerPoints or Google Slides with lesson notes and video lessons which have been adapted to ensure all content can be safely delivered remotely online. Download the pre-recorded lessons from the toolkit and use on your preferred online teaching platform. The lessons cover themes such as: online friendships/being kind online; sharing pictures and videos; livestreaming; gaming.
Key Stage 1 and Key Stage 2 Toolkits

Childnet – Online Safety Activities for Home Use

Teaching resources about online safety that have been adapted for home learning. The resources are ideally used with the involvement of parents and carers if possible.

Advice for Parents and Carers

Reception and Key Stage 1 including suggestions for Parents and Carers

Key Stage 2 including suggestions for Parents and Carers

Every Mind Matters – Social Media

Lesson plans, videos and activities produced by Every Mind Matters to help pupils explore social media, evaluate how social media might impact wellbeing and understand the importance of balancing online and offline activity. Some of the activities will need adapting for remote use.
Year 6

Children's Commissioner – Digital 5-a-Day

Practical tips and a video, to give pupils and parents easy to follow, practical steps to achieve a healthy and balanced digital diet. Most suitable for upper key stage 2 and key stage 3 pupils.
Digital 5-a-Day

School Health & Wellbeing Project, February 2021

Slough

Guidance about Online Safety for Parents and Carers

CHILDNET: Resources for parents and carers to help keep children safe online

CHILDREN'S COMMISSIONER: Digital safety kit for parents

CEOP PARENT ZONE: Resources for families, to help them meet the challenges of the digital age.

NATIONAL ONLINE SAFETY: Free online safety app for parents and carers

THINK U KNOW: Advice for parents & carers about keeping their children safe online

UK SAFER INTERNET CENTRE: Advice for keeping children happy and safe online while learning at home

Guidance for Educators about Safer Remote Teaching and Learning

DFE: Remote Education guidance and good practice

INEQE SAFEGUARDING HUB: ABC of video conferencing for education

LONDON GRID FOR LEARNING (LGfL): Twenty safeguarding considerations for lesson live streaming

NSPCC: Guidance for undertaking remote teaching safely

PSHE ASSOCIATION: Adapting PSHE lessons for home learning

PSHE ASSOCIATION: Guide for PSHE leads in the event of school closures