

Pride Month 2021 takes place from **1st – 30th June**, and people across the world come together to celebrate the LGBTQ+ members of our communities. Pride month is a great opportunity for schools to explore the history of the LGBTQ+ rights movement, and to celebrate diversity and difference in the whole school community.

Young people who identify as LGBTQ+ are **more likely** to experience mental health issues, so schools visibly supporting LGBTQ+ rights can help children feel safe to explore their identities as they get older.

Below are links to resources to use during Pride Month in PSHE/RSHE lessons, class/tutor time and assemblies. The resources are all produced by reputable organisations, but the School Health & Wellbeing Project has not assessed them. Please review your chosen resource(s) before use to ensure they are suitable for your pupils.

Links to the RSHE curriculum:

∞

That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.

∞

That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.

∞

What a stereotype is, and how stereotypes can be unfair, negative or destructive.

∞

[Guidance on the Inspection of the Protected Characteristics Including RSHE Teaching](#)

This updated guidance explains Ofsted's approach on inspection to evaluating how schools go about meeting their duties. It applies to all types of academy, maintained, non-maintained special and non-association independent schools and includes reference to the expectations for implementation of the compulsory curriculum in the light of the Covid 19 pandemic: [Inspection of the Protected Characteristics Including RSHE Teaching](#)

[The Proud Trust](#)

Primary education resources to support inclusive RSE teaching: <https://www.theproudstrust.org/training-and-education/primary-education-resources/>

[Positive Identities](#)

A primary school resource pack produced by Barnardos for KS2 including assembly and lesson plan ideas to explore diversity and anti-HBT bullying. The materials can be adapted to suit the needs of your setting or students or used for ideas. It is recommended that they are included as part of a whole-school approach to teaching about diversity and anti-HBT bullying, within a planned programme for PSHE education: <https://www.pshe-association.org.uk/sites/default/files/u26918/Barnardo%27s%20Primary%20School%20Resource%20Pack.pdf>

[Stonewall](#)

Resources to help schools feel confident in planning and delivering LGBT+ inclusive PSHE/RSHE and developing a whole school approach:

Resource Pack (PRIMARY) – Pride Month 2021

<https://www.stonewall.org.uk/category/education-resources>

[LGBTQ+ KS1 history lesson pack](#)

[LGBT inclusive home learning packs for primary, secondary and SEND](#)

[Different families home learning packs for primary, secondary and SEND](#)

[Putting it into practice](#)

[Diversity Role Models](#)

Free downloadable resources for schools: <https://www.diversityrolemodels.org/education-services>

[The LGBT ABC](#)

This leaflet produced by Brook, provides easily accessible definitions for commonly encountered words and phrases about sexuality and gender identity. It is ideal to handout during LGBT inclusive RSE sessions: [The LGBT ABC](#)
<https://www.brook.org.uk/resources/>

[The Same but Different](#)

[Age 4 to 5](#) [Age 5 to 8](#) [Age 9 to 11](#)

Three lesson plans produced by the Anna Freud Centre (Mentally Healthy Schools) for different ages, which will help children think about the things that make us different but also the things that we have in common. Also, an assembly plan exploring the concept of diversity and how our differences make us special:

[The same but different assembly plan](#)

[Being You](#)

A worksheet for KS2 produced by Twinkl featuring different 'proud clouds' for children to complete, to help them think about what makes themselves and others individual and special: [Being You](#) Plus information pages about Pride Month: <https://www.twinkl.co.uk/event/pride-2021>

[Thinking About Gender](#)

Introduce children to the concepts of gender stereotypes, pronouns and gender diversity with this lesson plan and PowerPoint produced by The Anna Freud Centre (Mentally Healthy Schools): [Thinking About Gender](#)

[Young Stonewall](#)

A website offering information and support for LGBT young people: [Young Stonewall](#)

[Mermaids](#)

Information for gender diverse young people, their families and teachers: [Mermaids](#)

[Health Education England](#)

LGBTQ+ Basic Awareness Training workshop on 14th July 2021 provided by Health Education England. The aim of the workshop is to improve the ability of organisations, teams and individuals who work with the LGBTQ+ community to be aware of the issues faced by LGBTQ+ individuals and to build upon knowledge & understanding. Please see flyers below for more information and use this link to book:

https://spft-nhs-uk.zoom.us/webinar/register/WN_J0izYNAmQuKIEve7rLCsng



LGBTQ+ Basic Awareness Training Workshop

Who is it for?

NHS Staff in Primary Care, Community Care, Acute Care (including CAMHS & Mental health services), Educational and other Health and Social providers who work with LGBTQ+ individuals across the UK.

Why is it needed?

Evidence shows health outcomes are worse for LGBT people than the general population; with many LGBT people feeling uncared for (Government Equalities Office, 2018). There is significant evidence by way of national data and statistics highlighting the necessity for LGBT people to receive better care and for staff to be more understanding of LGBT needs (PHE, 2017).

Compassionate staff training around LGBTQ+ people and their potential vulnerabilities has been shown to impact on the way individual staff members are able to re-evaluate their beliefs and assumptions, which may have previously caused them to have actively avoided treating/working with LGBTQ+ individuals.

Workshop overview

What is LGBTQ+ Basic Awareness Training?

LGBTQ+ Basic Awareness Training is a 1/2 day interactive, informative and thought provoking face-to-face workshop designed with HEE. The training will be delivered by Jamie Willo, Darzi Fellow and ACP accredited Child and Adolescent Psychoanalytic Psychotherapist working with Sussex Partnership NHS Foundation Trust in Children services for over 10 years. Jamie allows participants to experience how it may feel to be in the shoes of an LGBTQ+ person in our society, and highlights the difficulties faced on a day to day basis by LGBTQ+ people. The workshop is a safe, explorative space.

The objective of the workshop is to:

Improve the ability of organisations, teams and individuals who work with the LGBTQ+ community to be aware of the issues faced by LGBTQ+ individuals and to build upon knowledge & understanding.

After the training workshop participants will have the following skills:

- Increased awareness of LGBTQ+ identity and issues
- Ability to discuss LGBTQ+ issues and to understand it's complexity
- Confidence to work with people who present as LGBTQ+
- Greater knowledge and understanding of LGBTQ+ issues



The workshops topics include:

- Preferred names and pronouns
- Concept of gender identity & sexuality
- Differences between gender, sex & sexual orientation
- Differences between gender identity, expression & role
- Concept of transgender
- Caring for non-binary people
- Gender & sexuality terminology
- Story of a young transgender boy's transition
- What has gender & sexuality got to do with you?
- Assumptions, beliefs & expectations
- How can we help in our roles?
- Importance of support (society, family, peers)

"I like the way the material challenged me to think about myself, my assumptions and my approach to working and young people's experience"

"Freedom to express, question, not understand and be curious - safe space!"

"Excellent workshop, really informative & insightful. Evidenced based & relevant. Loved the activities!"

"This training is so important for us to be able to best support LGBTQ+ people"

Types of Training:

There are 5 types of LGBTQ+/gender identity interactive face-to-face training sessions available:

Name of Training	Duration	Location	Attendees
LGBTQ+ Basic Awareness Training	3 hours	Flexible – trainer will travel to teams	Maximum 20 attendees
LGBTQ+ Intermediate Mental Health Training	3 hours	Flexible – trainer will travel to teams	Maximum 20 attendees
LGBTQ+ Suicide and Self Harm Awareness Training	6 hours	Flexible – trainer will travel to teams	Maximum 20 attendees
LGBTQ+ Train the Trainer	1/1/2 Days	Flexible – trainer will travel to teams	Maximum 6 attendees
Gender Identity Basic Awareness Training	3 hours	Flexible – trainer will travel to teams	Maximum of 20 attendees

It is advisable to undertake the basic awareness training before undertaking the intermediate mental health training or the suicide and self-harm awareness training.

For more information or to book training for your team/organisation contact: jamie.willo@nhs.net

