

When do you need to keep your child off school or nursery



Would you have kept your child off school before COVID-19?





YES

Keep your child off school as you normally men would do. Visit Frimley Healthier Together for symptom specific advice.



Do they have any of these symptoms?

Do they have:

- 1) A new continuous cough?
- 2) A fever (high temperature greater than 37.8 degrees measured by a thermometer)? OR
- 3) A complete loss or change

Useful Links

Should my child go to nursery or school?

frimleyhealthiertogether.nhs.uk/parents carers/child-unwell-ok-go-nurseryschool



More information if your child is unwell:

frimley-healthiertogether.nhs.uk/ parentscarers/worried-your-child-unwell



Isolation exemption

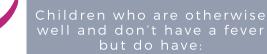
www.nhs.uk/conditions/coronaviruscovid-19/self-isolation-andtreatment/when-to-self-isolate-andwhat-to-do/



Keep your child off school and at home. Call 119 or go to the www.gov.uk/coronavirus website and arrange for a COVID-19 PCR test to be done.

(Please note your GP and A&E cannot arrange a test). A lateral flow test is NOT sufficient.

Your child and your household (unless exempt) must selfisolate until you have the result of this test.



A runnv nose **OR** sore throat **OR** mild cold without a fever can go to school as normal

NO

You do not need to see a doctor to return to school

NEGATIVE COVID PCR TFST:

If well and no longer have a fever they can return to school or nursery.

Do not need to see a doctor prior to return.

• A new continuous cough - this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours

· A loss or change to sense of smell or taste - this means they cannot smell or taste anything or things smell or taste different to normal

PCR tests:

Book if your child has ANY of the 3 symptoms listed on the left.

If negative, they can stop isolating and return to school/nursery if well and have no fever - as long as there are no other requirements for isolation as per the current government guidelines.

Lateral flow test:

Only used if no COVID symptoms. If they have symptoms with a negative lateral flow test you can't stop isolating or allow your child to return to school/nursery. A negative PCR is needed.

POSITIVE COVID PCR TEST:

Please follow the Government guidelines for isolation and contact tracing www.gov.uk/coronavirus Fortunately, children are rarely severely affected by COVID

For medical advice follow the symptom auide below.

Coronavirus information: frimley-healthiertogether.nhs.uk/ parentscarers/covid-19/

