



Spring Edition Safeguarding in Education Newsletter – January 2022

Please note the information and links are provided to the relevant documents, which are being updated on an ongoing basis and are subject to change. The guidance shared is focussed on safeguarding themes and is not exhaustive.

Welcome to the first safeguarding newsletter of 2022! I hope that you have managed to find some time to relax and enjoy the festive period. The start of a New Year always comes with thoughts of fresh starts. I shared with you at the end of term the revised threshold tool which, after many terms of conception, planning, review and development, has finally been released. There is further information available later in this newsletter, including the refreshed MARF which, now includes all our screening tools embedded within the referral form.

Until further notice, all training, will be delivered virtually. We will review this as we go along. Thank you to all 56 schools who returned your s175 by the end of term. This is once 100%!! I have included a short summary of the trends in this newsletter. The full report will be out by the end of January 2022.

This bumper edition includes updates from national and local lessons and reviews, as well as a comprehensive update on forthcoming awareness with ready-made resources.

Like you, I am ready for a challenging term ahead. As ever, please do not hesitate to get in touch for support, advice and, on occasion, reassurance.

Slough Children First
If your concern is regarding the harm of a child or young person, please immediately contact: 01753 875362 and email a MARF to sloughchildren.referrals@scstrust.co.uk

Out of Hours can be contacted on: 01344 351999
Thames Valley Police 101
www.thamesvalley.police.uk

Slough LADO: Harvinder Rajasani
LADO@scstrust.co.uk | 07927 681858 | 01753 690906

NSPCC Whistleblowing helpline: 0800 028 0285
help@nspcc.org.uk



The tragic, horrendous and heart-breaking death of Arthur Labinjo-Hughes will no doubt be on your minds. This little boy was, subjected to cruel treatment from people who should have cared for and safeguarded him. This was, followed days later with the death of Star Hobson. There are clear parallels between the murder of six-year-old Arthur Labinjo-Hughes and that of 16-month-old Star Hobson. The Panel will be undertaking a [national review](#), working closely with local safeguarding partners to deliver a

thorough and fair evaluation, including what needs to be, learned from what happened. The terms of reference for this review, can be found [here](#)

We know you go the extra mile every single day to increase the safety of vulnerable children and young people. We greatly appreciate your ongoing passion and commitment - thank you all for what you do. Please remember that if you need to talk the free and confidential **Education helpline** is open 24/7 **08000 562 561**.





S175 Audit update

Thank you to everyone for completing the 2020-21 S175 audit. I have included a short summary of the data/trend's information. The full report will be available by the end of January.

- 100% of audits were returned by the end of the year.
- The number of MARFs to the front door reduced by 3.5% and CE referrals by 25.5%.
- Despite more direct disclosures and increased vulnerability, schools reported 20.6% fewer children as vulnerable. This may be due to COVID and reduced visibility, as many children were not at school.
- Data revealed that referrals to all services were fewer than previous years for young carers (12.5%), early help referrals (5.8%), CIN cases (14.3%) and CPP (15.9%).
- CPP referrals were mainly around neglect, domestic abuse and emotional abuse.
- Early Help referrals focused on mental health, family dysfunction, poor parenting and physical chastisement linked to cultural beliefs.
- Schools reported that SEN needs were more complex and challenging.
- There has been a 95.2% increase in an explicit, newly introduced, category of peer-on-peer incidents recorded by schools/colleges. Settings are encouraged to collect this as part of the wider workstream on sexual abuse in schools.
- The number of referrals of Prevent cases from schools, increased by 15.4%.
- The number of young carers identified reduced by 12.5%.
- Data also revealed fewer referrals to the LADO for concerns around positions of trust (by 36.8%) and allegations against staff within school/colleges (by 29.8%).

Trends identified by education settings

Early years/Primary Schools

- Domestic abuse, physical abuse, substance misuse, parental issues/ acrimonious relationships.
- Lack of engagement during lockdown, including poor quality of home education/learning and/or removed to be educated at home
- Limited parental recognition of SEN needs of EYFS children.
- Serious pupil absence including CME – children missing; gone abroad and unable to track
- Bereavement support through COVID; socio economic barriers for low-income families.
- Impact on children from older siblings involved with CE
- Concerns related to the virtual world including sexualised images, online streaming

Secondary/Post 16 settings

- Some of the above were also highlighted in the older phase (DV, parental/family issues, income) with additional focus on:
- Exploitation by gangs, knife crime; loss of Year 8/9 Roma students
 - The number of young people with mental health difficulties, self-harming, reporting suicidal thoughts, exacerbated by limited or no access to a GP, doubled through lockdown
 - Anxiety resulting in emotional related school avoidance
 - Online peer abuse/sharing of nude images/online bullying



News from Slough Children First

'Promoting the education of children with a social worker'

- The new responsibilities of our Virtual School

As part of the Virtual School's new responsibilities for 'The Education of Children with a Social Worker' we are excited to announce an Education Helpline and allocated Virtual School Advocate for all Social Work Professionals who have young people subject to a CIN or CP plan. With immediate effect, the Virtual School has the resource to support any education queries or advice, guidance and signposting in respect of school policy and education pathways. Whilst it cannot offer direct work with families, it is able to help facilitate the appropriate support alongside you. The, education training offer, will include both face-to-face and in bitesize chunks online.

The government wants to explore extending support to all children with a social worker. Whilst the guidance clearly says that we are unable to offer 'direct intervention' to this wider group of children, local authorities are encouraged to develop a plan which supports professionals involved with their education to positively impact their attainment.

Please send any queries or requests for information to our Virtual School Lead for The Education of Children Cherie.sears@SloughChildrenFirst.co.uk

The **Berkshire Emergency Duty Service** has changed both its daytime administration number and the emergency out of hours number. From Monday 20-12- 2021 the new **Emergency Out of Hours number is 01344 351999** and the daytime Admin Line number is **01344 35505**



If the child or young person requires immediate protection please call **01753 875362** and send the electronic multi-agency [referral form](#) (MARF) to sloughchildren.referrals@sloughchildrenfirst.co.uk.
The operating hours (for this team only) are 9 – 5pm

Please note if you call the front door and the line is busy or not answered please email the referral email address sloughchildren.referrals@scstrust.co.uk for a response. The email is regularly monitored, and someone will call you back if you request an urgent call back for consultation!

Front door development workshop - Primary representative needed!

The Safeguarding Partnership is looking to co-produce a new multi-agency protocol for working together to respond swiftly and efficiently to concerns about children.

There will be a series of 3 face to face workshops starting in Feb 2022 to help redesign the 'front door'.

The Partnership have started designing the sessions and require a primary 'school reps'. You will use your education lens to contribute to the protocols. If you are interested please let me know by the 18th Januray 2022



Safeguarding Partnership Updates

The **Safeguarding Partnership Communications sub-group** work together to produce and deliver an agreed communications plan for the partnership, promoting awareness of the Safeguarding Partnerships' strategic priorities including child abuse/neglect, safeguarding adults, exploitation, and domestic abuse and violence.

New Thresholds - this threshold document supports people to make professional judgements about the best way to respond to a child's needs. All those who work with children should be familiar with this document and use it as a reference tool when making referrals, including those to children's social care. It provides detailed examples of scenarios that indicate levels of need. The document is rooted in the UN convention on the rights of the child and should assist professionals to make objective decisions about referrals based on the rights of every child. The document can be found here: [Slough Safeguarding Children Partnership - \(sloughsafeguardingpartnership.org.uk\)](http://sloughsafeguardingpartnership.org.uk)

ACTIONS recommended:

- familiarise yourself with the new Threshold Tool
- share this new Threshold with your staff
- print out and have copies accessible in your staffroom and office areas
- download and keep accessible on your shared files for staff
- ensure your Governors particularly your Safeguarding Governor is aware of it.

Please remember that the Threshold Tool is just that – a tool to aid your discussions and decisions. It should be used in conjunction with other tools such as the Neglect Screening Tool, Child Exploitation Screening tool, young carers tool.

MARF/Getting Help - Please note the updated MARF includes all the relevant screening tools and the refreshed threshold document. These are all embedded for ease of access. It is highly recommended that these are used and attached to MARF submissions. You can also access 'Getting Help' services using the MARF for all non-MHST schools. It can be downloaded here: Emergencies/Concerns - [Home - Slough Children First](#)



MULTI-AGENCY REFERRAL FORM

FOR ALL CHILDREN, YOUNG PEOPLE AND FAMILY SERVICES

Referral Tel: 01753 875362
New Email: Send securely to:
sloughchildren.referrals@sloughchildrenfirst.co.uk



Please send electronically in a Word Document

Making a Referral:
Any additional evidence can be attached to the form.

If the reasons for referral include Child Exploitation, Neglect or Young Carers please ensure that the screening tool has been completed and is attached.

[Child Exploitation Screening Tool](#)
[Neglect Screening Tool](#)
[Young Carers](#)

The levels of need set out in the [Slough Safeguarding Partnership Threshold Document](#), should be used by ALL agencies and practitioners to identify needs and risks.



Practice Learning



The attached report [2019 Triennial Analysis](#) draws key questions for reflection from Serious Case Reviews undertaken Nationally between 2014-2017. The triennial report therefore offers us an insight into common trends and learning opportunities that echo many of key learning points from those shared in our Slough local Safeguarding SCR's and Safeguarding Practice Reviews. This document is a great opportunity to reflect on our own practice and poses challenging questions throughout.

The social care institute for excellence completed an analysis of Serious Case Reviews (SCR's) for the education sector. It highlights [Serious Case](#)

[Review analysis 2020 for the education sector | SCIE](#) A really worthwhile read!

The **Child Safeguarding Practice Review Panel** has published their second [Annual Report](#), including commissioned analysis of [rapid reviews and LCSPRs](#), and an analysis of safeguarding partners' [yearly reports](#). Work is progressing on the 2021 Annual Report - available in summer 2022.

Transitions: Last term I shared findings from the Safeguarding multi-agency case audits including:

- case delays in sending CP files when children transition between settings.
- closer working relationships between school's Admissions Officers and the DSL to ensure that new admissions identify any indicators or concerns about vulnerable children.

Transition concerns are under the national spotlight following the case of 14-year-old Oskar Nash who took his own life in Surrey in March 2019.

The additional vulnerability of children missing education is also high on the national agenda. This was echoed in the tragic death of Arthur Labinjo-Hughes, Ofsted Chief Inspector, Amanda Spielman, said, "it is "really important" that there is an understanding of where children are in terms of their schooling and education as the country emerges from the pandemic. It's a very hard number to pin down. I've been talking about the problems of children disappearing from school rolls for some time now. We've known about the problems of off-rolling for a couple of years, we've been working on that. We know how hard it became during the pandemic to work out who was still in the country, who was still taking part in school at all."

In Slough we are looking at and developing protocols for transitions and CME. Watch this space for upcoming communications about this.

Risk assessment and management plan (RAMP) Peer-on-Peer risk assessment from Babcock

Last term there was a big focus **on Peer-on-Peer abuse** in schools and colleges which included Beyond Referrals toolkits and practical training for DSL's on managing peer-on-peer abuse effectively and in a timely way. It was very well received and can be accessed here along with an extensive resource list: [Continued Professional Development | The Link \(slough.gov.uk\)](#)

Here is a Risk Assessment Management Plan (RAMP) for Children / Young People who Display Sexually Problematic or Harmful Behaviour in an Education Setting which may be useful when completing risk assessments. [Risk Assessment Management Plan \[RAMP\] example](#)



Safeguarding in Education – News

Prevent update:

It is with great sadness we will be saying goodbye to Naheem Bashir, Prevent Manager who will be leaving Slough at the end of March 2022. Contingency plans will be shared at the DSL Networks next week. We would like to thank Naheem for all the support offered over the years and wish him luck in his new venture.

Please check the link for any new information and resources from DfE regarding Prevent. This is updated regularly <https://thelink.slough.gov.uk/news/be-internet-citizens>

The Home Office has also developed three e-learning modules:

1. **Prevent awareness eLearning** offers an introduction to the Prevent duty.
2. **Prevent referral eLearning** supports staff to make Prevent referrals that are robust, informed and with good intention.
3. **Channel awareness eLearning** is aimed at staff who may be asked to contribute to or sit on a multi-agency Channel panel.

Educate Against Hate, is a government website designed to support school, teachers and leaders to help them safeguard their students from radicalisation and extremism. The platform provides free information and resources to help school staff identify and address the risks, as well as build resilience to radicalisation

Multi-Agency Risk Tool (MART) For Adults

Transitioning into adulthood can often be a vulnerable period for young adults. We therefore need to ensure that risks which may sometimes be contextual/ extra familial are still managed and monitored for those who do not have care and support needs.

A Multi agency risk tool (MART) has been developed to assist in support for these individuals transitioning including (17 - 25-year-olds) from Slough Children First who, for various reasons, may not access services or who need to use multi-agencies to provide support when safeguarding support is inappropriate or refused.

[Slough Safeguarding Children Partnership - \(sloughsafeguardingpartnership.org.uk\)](http://sloughsafeguardingpartnership.org.uk)

Safer recruitment training is now available. Please see CDP page for further details. Further guidance regarding ID checking guidelines can be found here:

<https://www.gov.uk/government/news/further-update-to-id-checking-guidelines>

KCSIE in languages from LGFL

Did you know you can you download KCSIE Part 1 - and also Annex A - in 12 community languages? These are now available below as free, open-access documents. As many schools employ speakers of English as an Additional Language who are not required to have a high level of English for their role, it can be challenging to ensure that everyone understands the full meaning and principles of the guidance. Click here [The National Grid for Learning - KCSIE Translate \(lgfl.net\)](https://www.nationalgridforlearning.org.uk/kcsie-translate)

Reflective Supervision

Unfortunately, due to low numbers Slough Borough Council are no longer offering reflective supervision but we can put you in touch with a local provider Number 22. Please contact Jatinder for contact details.

Joinder.matharu@slough.gov.uk



Health & Wellbeing Updates



Bucks MIND – workshops and training

Bucks Mind, supported by Berkshire Community Foundation, are excited to be able to offer schools in East Berkshire the opportunity to sign up for a free day of mental health workshops for students, as well as a staff training session

The education programme is open to 6 schools across East Berkshire (primary or secondary). Places are limited to 2 schools in Slough. Please email sandy.drury@bucksmind.org.uk



Self-harm help and support guides

The CCG have produced a graduated response to manage and access help for children or young people who are vulnerable to self-harm. There are 3 versions, one for professionals, one for designed specifically for young people and one for parents/ carers can be downloaded here:



self harm posters - yp2.1 .pdf



self harm posters - parents 1.2.pdf



self harm posters - teachers 2.1.pdf

Please share these within your school/college communities and on your wellbeing webpages.

Choices Programme

The behaviour change agency 'Lime' is working with schools to respond to the growing concerns about attitudes, behaviours and beliefs in schools that have the effect of normalising and trivialising sexual harassment and toxic views about gender. The latest evolution of the Choices Programme puts local young people at the heart of a design process to develop a counter-narrative that challenges these ideas and create a safe space for young people to explore complex issues.

There are three elements to the work that Lime is undertaking:

- Research to understand the drivers of these behaviours.
- Co-design/production workshops re currently working with the Grove, Slough and Eton Business and Enterprise College to design new material for the programme
- A pilot of "Ella's Story" - a new resource for Year 7 that we are testing with Upton Court Grammar School.

This vital work aims to provide a comprehensive suite of materials to support schools in tackling these pernicious beliefs. For more information, please get in touch with mark@engagelime.com

Additional wellbeing support for Primary schools



Mind Buckinghamshire
THE STEPS TO WELLBEING PROGRAMME

Get a 5 week wellbeing course run weekly at your school for FREE

GIVING CHILDREN THE SKILLS TO MANAGE AND LOOK AFTER THEIR MENTAL HEALTH & WELLBEING

For details please contact Sandy Drury
sandy.drury@bucksmind.org.uk

HOW THE COURSE WILL RUN

- The course will be aimed at approximately 20 Year 5/6 children per school attending 5 weekly sessions, after school or lunch time on the school premises.
- The course will be facilitated by an experienced Bucks Mind Mental Health educator from the CYP team
- Each session will focus on one element of the 5 ways to wellbeing, starting with education around how it can help our wellbeing and ways we can bring this into our everyday life.
- Interactive activities will be facilitated, to enrich and consolidate the information. Example activities for 'Take Notice': mindful colouring, breathing exercises, nature drawing and music; 'Connect': team building games, conversation starters and listening skills; 'Be Active': dancing, sports, yoga; 'Keep Learning': quizzes fun facts, posters and 'Give' self-appreciation, compliments and kindness, thank you cards.

For details please contact Sandy Drury
sandy.drury@bucksmind.org.uk

Bucks MIND Wellbeing

Bucks MIND 5 ways to Wellbeing programme is open to 5 primary schools across East Berkshire. Please email sandy.drury@bucksmind.org.uk

Getting Help Teams and the Mental Health Support Teams (MHSTs)

Our clinicians support children, young people and their families who have emerging, mild or moderate mental health difficulties, such as low mood and anxiety, which may be affecting their day-to-day life. We offer early intervention through brief evidence-based interventions that can last up to eight sessions directly (with child or parent depending on age) as well as offer advice and support on where to find the most appropriate support when we are unable to offer direct help. The MHST serves 14 schools. We are currently setting up another MHST which will serve a further 11 schools from September 2022.

Getting Help Team

The Getting Help Team sits within Early Help, you can refer into the Getting Help team via their Single Point of Access process by completing a Referral Form (MARF). The referral will then be triaged by the "front door" team in your local Children's Services and then directed to Early Help Services based if appropriate to be discussed by various professionals at a triage meeting to identify how the needs can be best met. We also welcome self-referrals from young people (older than 16 years) and parents/carers.

[Getting Help Team Referral form can be found here:](#)

sloughfamilyservices.org.uk | berkshirehealthcare.nhs.uk | [Mental health support for children in Berkshire](#)



THE FANTASTIC FRED EXPERIENCE

Introducing a FREE NHS Mental Health Resource touring primary schools from February 2022!

The Fantastic FRED Experience is a free, interactive and educational mental health resource. It is specifically designed to inform, equip and build resilience for children in Reception and Years 1 to 5.

- FOOD** - Eating the right foods
- REST** - Getting enough sleep
- EXERCISE** - Being active
- DEVICES** - Managing time on devices

It delivers simple, memorable and practical ways that young children can look after their mental health - with the letters in FRED's name representing the areas of educational focus.

Visit thefantasticfredexperience.com or call 01892 750900 to find out more and book your experience.

We look forward to seeing you!
Best wishes,
The Fantastic FRED Team

thefantasticfredexperience.com
01892 750900 | hello@thefantasticfredexperience.com

The Fantastic FRED Experience?

The Fantastic FRED Experience is a free preventative and educational mental health resource for primary aged children delivered by a team of trained actors.

It provides six interactive performances per day, each lasting 30 minutes. There are 2 age-specific versions of the performance for Key Stage 1 and 2. See flyer to find out more.

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Getting Help Team Referral form can be found here:

[Mental Health Support Team \(MHST\) and Early Intervention/Getting Help Team | Slough For You \(sloughfamilyservices.org.uk\)](https://sloughfamilyservices.org.uk) | [Mental health support for children in Berkshire \(berkshirehealthcare.nhs.uk\)](https://berkshirehealthcare.nhs.uk)

Don’t forget to access the **School/ College Senior Mental Health Leads training** funding grant opportunity if you haven’t already done so. The DfE have collated all their resources for Promoting and Supporting a Whole Setting Approach to Mental Health & Wellbeing in Schools and Colleges on one webpage **HERE** including an opportunity for schools/colleges to apply for a funding grant for Senior Mental Health Leads training. More information and details of how to apply for a Senior Mental Health Leads training grant can be found **HERE**

The Emotional Health & Wellbeing Webinar and Resources Programme Offer for Education Settings will be available at the end of January with a range of FREE CPD sessions. Watch out for the email.



The OxWell School survey 2021 collected data from over 30,000 children and young people aged between 8 and 18 years across 114 primary schools, 55 secondary schools 2 middle and 5 through schools, and 1 FE college. The survey responses can

be used to form a picture of the wellbeing of young people at schools in England, particularly given the considerable disruption many schools and students have experienced over the last year. The data details on how safe pupils are feeling both at school and at home including safety from abuse or from illness (such as catching COVID for example), self-harm.

Summary of Demographics of Pupils who took part in the 2021 OxWell School Survey

| Key demographics | Number of respondents |
|------------------------------------------------------------------------|-----------------------|
| Number of Pupils (cleaned database) | 30,338 |
| Male | 13,045 (43%) |
| Female | 15,641 (52%) |
| Other/Prefer not to answer | 1,530 (5%) |
| Born outside the UK | 3,686 (12%) |
| One or both parents born outside the UK | 11,833 (39%) |
| Food poverty, sometimes/often go hungry | 1,607 (5%) |
| Primary phase (years 5 and 6) | 8,259 (27%) |
| Secondary (years 7, 8, 9, 10 and 11) | 20,178 (66%) |
| 6 th form/FE (years 12 and 13) | 1,814 (6%) |
| Felt they have ever had a mental health problem (not asked in primary) | 6,999 (47%) |
| Low mental well-being score (WEMWBS) | 8,321 (35%) |
| Think they have had COVID (possibly – confirmed) | 9738 (32%) |
| Eager/ willing to get the vaccine | 13,815 (50%) |
| Anti - Vax | 4,207 (15%) |
| Lockdown Legacy, compared to before the first Lockdown | |
| More difficult to remember things | 7,896 (30%) |
| More difficult to concentrate | 9,900 (37%) |
| More difficult to think clearly | 8,007 (30%) |

If you one of the schools involved with the survey you can arrange a 121 session with Gaby directly to help you extract the data for your school for evidence of the child’s voice. You can contact Gaby at

gaby.illingworth@psych.ox.ac.uk





Safeguarding CPD

There is a good range of CPD available for DSLs over the coming months. Most sessions are still being delivered virtually but many are short 2-hour sessions.

The Safeguarding Partnership Training sub-group will be conducting the annual Training Needs Analysis (TNA) in the Learning and Development Forum in mid-January. Jatinder Matharu represents schools on the Forum along with representatives of St Anthony's school and Upton Court Grammar. Please let your representatives know if courses are fully booked or you are searching for other multi agency training topics.

They can then feed this into the TNA to ensure that we either continue to deliver the courses you need, or we develop new courses to answer your needs from April 2022 onwards.

DSL training

Please note the new dates for safeguarding training have been released for the next academic year. This includes:

- Safer recruitment
- Managing allegations
- Experienced DSL training
- New to role of DSL

All these courses can be accessed via the LINK here: [Continued Professional Development | The Link \(slough.gov.uk\)](https://www.sloughsafeguardingpartnership.org.uk)

Dates of DSL Networks

Primary

12th January 2022

Secondary

13th January 2022

Watch this space, further CPD sessions will be published from the CCG by the end of January 2022 for **emotional health and wellbeing** for staff

The multi-agency courses being delivered by the **Slough Safeguarding Partnership** are **free of charge**. All the training has been developed into 2 hourly modules so that it is suitable for refresher training or practitioners can attend several modules to provide them with the skills they need for a multi-agency safeguarding role such as the Designated Safeguarding Lead.

To book the training simply log on to the Slough Safeguarding Partnership website to create a personal training profile where all your attendance can be recorded in one place. For any questions on content of the courses, please contact Janine Edwards, Safeguarding Partnership Training and Development Lead on Janine.edwards@slough.gov.uk

[Slough Safeguarding Children Partnership - \(sloughsafeguardingpartnership.org.uk\)](https://www.sloughsafeguardingpartnership.org.uk)

Courses include:

- Practice Development - Child Protection Case Conferences in children's safeguarding [03/03/22]
- Practice Development: Coercive Control awareness [09/02/22]
- Practice Development - Difficult conversations regarding neglect in children's safeguarding, including the use of the thresholds and new toolkit. [20/01/22 & 09/03/22]
- Practice Development – Core Groups in Children's Safeguarding [08/02/22]
- Practice Development – Multi agency Risk Framework and Tool for Adults and Transitions [22/02/22]
- Practice Development – Exploitation of Children and vulnerable Adults [22/02/22]

Book here:

<https://www.sloughsafeguardingpartnership.org.uk>



Awareness Days!!

The Slough Safeguarding Partnership will send you quarterly updates on key safeguarding awareness days.

This page brings you the latest safeguarding messages to keep residents of Slough safe. There are various safeguarding awareness days coming up across this quarter. We would greatly appreciate if these can be incorporated into your communications to help deliver our messages far and wide too difficult to reach communities of Slough.

Action needed: Please lift and shift messages into your communications internally with your staff and externally with residents, venues, and settings to promote safeguarding across Slough. You can drip feed some of the messages if you send out more frequent communications.

Also included is a safeguarding poster to promote the various helplines to protect vulnerable adults and children from abuse, neglect, and exploitation.

7th - 12th February 2022 is Sexual Abuse & Violence Week

The murder of Sarah Everard shone a spotlight on a culture of male harassment and violence against women and girls, sparking protests and calls for reform, and the recent killing of Sabina Nessa has appalled the country. The [Everyone's Invited](#) movement in 2020, captured thousands of testimonies from young women about experiences like verbal harassment, sexual abuse, exploitation, and rape from their peers.

If any young person is affected by any of the issues featured here you can get support from the [Dedicated helpline for victims of abuse in schools | NSPCC | 0800 136 663 | help@nspcc.org.uk](#)



7TH - 13TH FEBRUARY 2022
#ITSNOTOK

Further details of the sexual abuse and violence week can be found here: [#ITSNOTOK - SEXUAL ABUSE AND SEXUAL VIOLENCE AWARENESS WEEK - Sexual Abuse and Sexual Violence Awareness Week](#)

Slough Borough Council is working in partnership to tackle safety for women on the streets. Please read the article here: [Chalvey receives funding to make streets safer for women and girls - Photo 1 of 1 - Slough Express](#)

Further progress on the workstreams will be shared over the coming months.

The 8th of Feb 2022 is Safer Internet Day

Safer Internet Day 2022 | Tuesday 8 February

Coordinated by the UK Safer Internet Centre

Having a mobile phone and going online is great for lots of reasons. But it's important to be aware of the dangers too. Learn how to stay safe online. Whether you are being bullied online, want to stay safe online, removing, sending a nude or learning how to feel good on social media, there are some great tips you can access here:

[Online and mobile safety | Childline](#)

From gaming and chat, to streaming and video, young people are shaping the interactive entertainment spaces they are a

part of. Safer Internet Day 2022 celebrates young people's roles in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers.

Children are spending more time than ever online. As adults, we need to do everything we can to keep them safe in the digital world. But with new apps, games and platforms emerging every day, how can you stay in the know?

This year the Safer Internet Day 2022 will be celebrated with the theme 'All fun and games?' Exploring respect and relationships online [Safer Internet Day 2022 - UK Safer Internet Centre](#)

The National Online Safety has created a new mobile app -It's time to get **#OnlineSafetySavvy**. You can learn and read about it here: [National Online Safety Mobile App](#)



[TALK Checklist by Internet Watch Foundation | Home \(iwf.org.uk\)](#) helps parents engage in conversation with their children about staying safe online. Young people are being contacted, in their own homes, on online platforms and apps and asked for sexual pictures and videos, while their parents and carers believe they are safe.

The IWF has created a resource to help parents and carers understand the risks of 'self-generated child sexual abuse imagery' using the acronym 'TALK'.

| | | | |
|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| | | | |
| TALK to your child about online sexual abuse. Start the conversation – and listen to their concerns. | AGREE ground rules about the way you use technology as a family. | LEARN about the platforms and apps your child loves. Take an interest in their online life. | KNOW how to use tools, apps and settings that can help to keep your child safe online. |

The Report Remove tool can support a young person in reporting sexual images or videos shared online and enables them to get the image removed if it is illegal. [Report Remove | IWF](#)

childline

ONLINE, ON THE PHONE, ANYTIME
[childline.org.uk](#) | 0800 1111

NEED HELP NOW? If you think a child is in immediate danger, phone 999

Professionals Online Safety Helpline (POSH)



Provides signposting, advice and mediation to professionals resolve online safety issues staff face about themselves, such as protecting professional identity and online harassment, or cyber-bullying or issues surrounding nudes. [Professionals Online Safety Helpline - UK Safer Internet Centre](#)
[Professionals Online Safety Helpline | Safer Internet Centre](#)
0344 381 4772

2021-22 Online Safety Calendar for educators (Childnet International)

Childnet International has an Online Safety Calendar for 2021/22 which offers teachers engaging ways of incorporating online safety advice into the curriculum. The calendar also highlights campaigns including Anti-Bullying Week, LGBTQ History Month, World Book Day and Mental Health Awareness Week – and the relevant online safety resources available.

[Check out the Online Safety Calendar 2021-22 for educators - Childnet](#)

Online Safety Calendar 2021-2022



| September | October | November | December |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Make sure to book virtual or face to face Education Sessions for children, staff, parents and carers.</p> <p>It's never too late to buy resources for your classroom, the Childnet shop has posters, books and more!</p> <p>If you find you have any online issues this new term remember to get in contact with the Professionals Online Safety Helpline by calling 0344 3814772 or emailing helpline@saferinternet.org.uk.</p> <p>Wednesday, 8th September is International Literacy Day. You could celebrate with your pupils by using our learning to read book.</p> | <p>Avoid any spooky surprises this October and protect your personal and professional reputation online by exploring our Educators Pack for Online Safety Awareness, to give you peace of mind when using social media.</p> <p>Have you witnessed any harmful content online, or do you need help? Harassment, abuse, violence (and more) can be reported to our Report Harmful Content platform.</p> <p>To celebrate Black History Month, spend some time looking at the Black inventors and pioneers who have influenced the way we use the internet and technology today.</p> | <p>Anti-Bullying Week is from 15-19th November, and focusses on the theme 'One Kind World'. Take a look at the free resources and ways you can get involved.</p> <p>Spread kindness online and offline this World Kindness Day on 13th November.</p> <p>Sign up as a Safer Internet Day supporter and resources to get ready for Tuesday 8th February.</p> <p>Phones, tablets, consoles and TVs frequently top the Christmas lists, so make sure to get ahead of Christmas shopping by sharing our Parents' Guide to Technology, to help with the safe set-up of devices.</p> | <p>December can be a great time to send home additional resources for parents, why not share the Childnet Family Agreement as a great starting point.</p> <p>Safer Internet Day preparations are in full swing! Why not take a look at the free resources and register your support of the day.</p> <p>Why not register your interest in the Childnet Digital Leaders Programme and get a free guest log-in to explore the platform?</p> |
| January | February | March | April |
| <p>New year, new me? January is a great time to think about new years resolutions, why not incorporate resolutions about how you and your class spend time online.</p> <p>Did you know 80% of young people have seen something hateful online aimed at a particular group? Talk it over is our resource designed to support educators in facilitating empathetic, honest, and evidence-based conversations about how to tackle online hate.</p> <p>Digital resilience is a key skill that we want young people to develop. Our Digital Resilience Resource is designed for use with 11-14 year olds.</p> | <p>Join hundreds of organisations in celebrating Safer Internet Day on Tuesday 8th February! #SaferInternetDay.</p> <p>February is LGBTQ History Month. Our free resources, created in partnership with Stonewall, are designed to help educators support LGBT young people online.</p> <p>Remember to look out for the launch of the Childnet Film Competition this term.</p> | <p>World Book Day on 3rd March is a great opportunity to explore online safety by reading our Digiduck Stories, with children aged 3-7.</p> <p>Did you know that the Childnet Digital Leaders Programme has a monitored community space for participants across the country to engage in conversation, share successes, and win prizes? You can join at any time, and new modules are added throughout the year!</p> <p>Has Safer Internet Day led to lots of discussions about online safety? Why not carry these on by exploring topics such as body image and bullying using our PSHE toolkits.</p> | <p>For April Fool's Day, put your critical thinking skills to the test. Revisit the Safer Internet Day 2021 Education materials. For some quick activities.</p> <p>For World Autism Awareness Day on 2nd April, why not use our STAR SEND Toolkit, to explore online safety with learners with ASD.</p> <p>What is the thing online that nobody talks about? Project deSHAME aims to tackle peer-based online sexual harassment by empowering local communities to work together to increase reporting among young people.</p> |
| May | June | July | August |
| <p>National Password Day is 6th May. It's never too early to talk about personal information with your learners.</p> <p>Why not spend some time exploring our SMART with a Heart series of video lessons for 6-9 year olds.</p> <p>Mental Health Awareness Week is from 13th-20th May. Explore our digital resilience and wellbeing resources.</p> | <p>It's the deadline for entries to the Childnet Film Competition! Winners will be announced in July and there are amazing prizes in store!</p> <p>Ahead of the summer holidays, encourage parents and carers to Talk About Life Online with their children, and create a Family Agreement.</p> <p>Why not get ahead of yourself by booking next year's Childnet Education Visit?</p> | <p>Time to get ready for the Summer holidays - It can be helpful to remind pupils and parents where to go if they need help reporting online over the holidays, including how to make a report on popular services such as TikTok, Roblox and Instagram.</p> <p>World Friendship Day is on 30th July. You could ask your pupils to write down their top tips for being a good friend both offline and online.</p> | <p>And just like that it's almost a new school year! Why not enrol in the Childnet Digital Leaders Programme ready for September.</p> <p>Keep an eye out for the save the date emails for Safer Internet Day 2023!</p> <p>Make sure you subscribe to the Childnet newsletter and never miss any important news or resources!</p> |

The 7 -13 February 2022 highlights **Child Mental Health Week** [Children's Mental Health Week \(childrensmentalhealthweek.org.uk\)](https://www.childrensmentalhealthweek.org.uk)



We know parenting isn't always easy. Although it's often amazing and rewarding to watch your children grow up, and to help them learn to be independent, it can also be really hard work. It can feel especially hard if your child's mood and behaviour seem different and you're not sure why, or what you can do to help. But you are not alone.

There is lots of practical advice and tips on supporting your child - from how to encourage your child to open up about their feelings to dealing with mental health services. No matter what you and your child are going through, things can get better.

For **Children's Mental Health Week 2022**, [Place2Be](https://www.place2be.org.uk) is encouraging children (and adults) to consider how they have grown, what they need to help them grow, and how they can help others to grow too. However, emotional growth is often a gradual process that happens over time, and sometimes we might feel a bit 'stuck'.

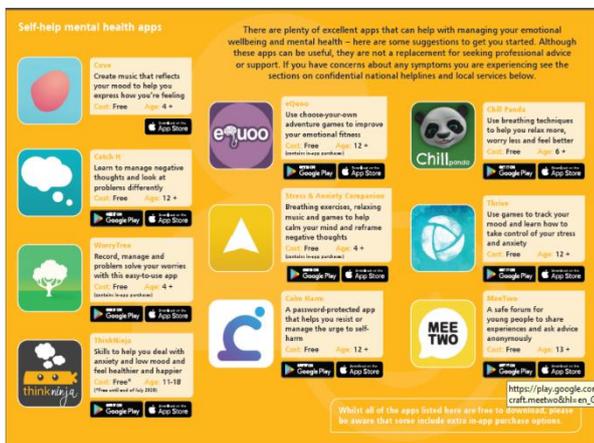
If you are concerned about your child's mental health, please seek support as early as possible. Speak to your school as many schools now have Mental Health Schools Teams offering support in house.

Other local support includes:

FREE counselling for young people from [Kooth](https://www.kooth.com): Free, confidential online counselling and support for young people

[Number 22](https://www.number22.org.uk) : Free, confidential counselling for young people

[Anna Freud Centre](https://www.annafreudcentre.org.uk) (Schools in Mind and Mentally Healthy Schools) On My Mind - information & self-care strategies for children and young people



10th March 2022 – Child Sexual Exploitation Day



Child sexual exploitation is a form of a sexual abuse that involves manipulation and/or coercion of young people under the age of 18 into sexual activity.

The National Child Exploitation Awareness Day aims to highlight the issues surrounding Child Exploitation; encouraging everyone to think, spot and speak out against abuse and adopt a zero tolerance to adults developing inappropriate relationships with children or children exploiting and abusing their peers.

We want to raise awareness through the 'Say Something If You See Something (SSSS)' campaign, so that we can improve the chances of young people being heard.

[STOP CSE – STOP CSE I Raise Awareness of CSE - Join the fight against CSE \(stop-cse.org\)](https://www.stop-cse.org)

SAY SOMETHING, IF YOU SEE SOMETHING SUSPICIOUS.
CONTACT:
Crimestoppers OR Police OR
0800 555 111 101
WWW.STOP-CSE.ORG

Contact:

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16th March 2022 – Young Carers Day



Young Carers Action Day is an annual event, organised by Carers Trust. Further details can be accessed here: [Young Carers Day](#) Young Carers Day has taken place over the last six years to raise awareness of young carers and the incredible contribution they make to their families and local communities.

It is widely recognised that young carers do not have access to the same educational opportunities as peers that do not have a caring role. Consequently, many of our activities involve providing young carers with additional learning opportunities and raising their aspirations.

Many young carers struggle with their own health and wellbeing. We try to help young carers in Slough stay healthy with sessions designed to help them look after their physical and mental health. This looks like physical activities with our partners Active Slough and practical mindfulness sessions.

We believe young carers should be recognised and celebrated. Earlier this month, Slough Young Carers won a prestigious award from Children and Young People Now. "The panel were really impressed with the way the voice of young people is driving this project," said judge Steve Reddy, Director of Children & Young People's Services, Liverpool City Council.

Slough Young Carers Service supports 8-19 year olds. The sessions offer advice, support and a break for young people to enjoy a range of age appropriate activities such as ice-skating, cinema, bowling and even day trips out.

- Are you under the age of 19?
- Do you have a relative that has an illness, disability or addiction?
- Do you help to look after them?

If the answer to all these questions is yes, then you're a young carer. Please email Young People's Service: youngcarers@slough.gov.uk

Further national safeguarding awareness days can be found here: [Health and Wellbeing Awareness Days | The Link \(slough.gov.uk\)](#)

Thank you for your support in raising these important issues across our communities.

If there are any changes to DSL's, Governors or Headships please email and let me know so we can keep your information up to date

Jatinder.matharu@Slough.gov.uk

All the information contained in this newsletter is correct as of 1st January 2022. Information is changing rapidly so some elements may be out of date by the time to read it so please bear this in mind.

