



# Sport In Mind

## Mum, Baby & Toddler Slough

"We are Sport in Mind - the charity that uses sport and physical activity to improve the lives of people experiencing mental health problems".

To find out more about sessions near you, check out our Activity Map on [sportinmind.org](http://sportinmind.org) or contact Claire on 0118 947 9762!



Attendee Sign-Up

### Slough Sessions

**\*Book onto these sessions by emailing [info@sportinmind.org](mailto:info@sportinmind.org)\***

Day	Time	Activity	Instructor	Venue
Tues	10.30-11.15am	Mum & Baby Dance & Movement	Mafé	Children's Library, The Curve, William Street, Slough, SL1 1XY
Tues	12:45-1.30pm	Parent & Toddler Dance & Movement	Mafé	Chalvey Grove Children's Centre, Montem Primary School, Slough SL1 2TE
Tues	1.45-2.30pm	Mum & Baby Dance & Movement	Mafé	Chalvey Grove Children's Centre, Montem Primary School, Slough SL1 2TE
Thurs	1:45-2:45pm	Mum & Baby Gentle Pilates	Natasha	Romsey Close Children's Centre, Romsey Close, off Ives Road Slough SL3 8PE

**\*All sessions start after October half-term.  
and run weekly within Slough term-time dates\***



@sportinmind

[info@sportinmind.org](mailto:info@sportinmind.org)

[www.sportinmind.org](http://www.sportinmind.org)

01189479762



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