

Positive Behaviour Support Family Courses

Free-to-access online PBS courses for families/carers in Berkshire.



Overview of PBS

This half day course (9:30-12:30) is designed to give an overview of what Positive Behavioural Support is, how it works and how it can support improving quality of life

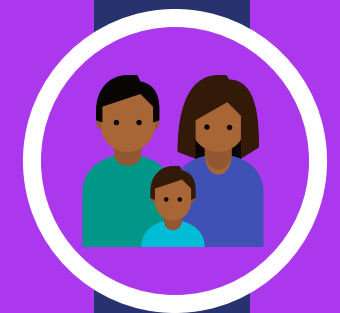
Course Dates	February 8th	April 25th	June 13th
	September 12th	October 4th	



Practical Strategies

If you have attended the Overview of PBS course, you can access this one-day Practical Strategies course. This will show you how to implement PBS within the home setting

Course Dates	May 23rd	October 10th	Nov 15th
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PBS Family Course

This course looks in-depth at what PBS is, how to build rapport, how to look after yourself as well as proactive and reactive strategies to support quality of life and reduce behaviours of concern

The course is six 2-hour sessions over six weeks with access to an experienced behavioural analyst to talk about your individual needs

Course Dates	February 14th	April 4th
(am and pm sessions)	June 6th	August 1st

To book onto a course, go to Eventbrite and search Berkshire PBS
Alternatively, email: tom@pbscooperative.org.uk