Dear XX,

**OxWell Student Survey – FREE for Slough schools and colleges**

I’m contacting you on behalf of the Slough Children and Young People’s Partnership Board to share an exciting opportunity to take part in the [OxWell Student Survey,](https://oxwell.org/) run by the University of Oxford’s Department of Psychiatry in partnership with Slough and other local authorities, education settings and the NHS.

The OxWell Student Survey is an online study, completed in school/college, that measures the wellbeing of pupils aged 9–18 years old. The survey generates valuable learning about the many interconnected factors that might be influencing the health and happiness of children and young people and how they would like to access help if they have mental health difficulties.

As the CYP Partnership Board, we are committed to supporting understanding and improving the mental health and wellbeing of Slough’s children and young people. We also want to ensure youth voice remains central to decision-making. We therefore pledge to use thematic issues that emerge from the OxWell data at a locality level to help with planning our strategic priorities for 2023 and beyond.

School-level OxWell data is provided to participating education settings, each of which is sent a detailed summary of their school’s survey results. This data can help enhance the effectiveness of your whole school or college approach to mental health and wellbeing, the curriculum, PSHE and Healthy Schools policy, allowing you to better meet your pupils’ identified needs.

Thanks to funding provided by NHS, participation in this year’s survey is **FREE** for schools and colleges across Slough. **The window for pupils to complete the survey is from 21st February 2023 until 21st March 2023.**

The OxWell survey is anonymous and exists in two age-appropriate versions, for students in Years 5 & 6 and for those in Years 7–13 (including FE). Designed to be engaging and easy to use, the survey takes most pupils about 30 minutes to complete and can be comfortably fitted into a lesson period.

Questions in the survey address a broad and comprehensive range of issues relevant to wellbeing, including lifestyle and experience of school life. Factors assessed include: pupils’ sense of agency; experiences at school, including bullying and exclusion; mental wellbeing, anxiety and depression; indicators of vulnerability, online safety and abuse; sleep patterns; gaming behaviours; exercise; and attitudes and barriers to accessing mental health support.

Please find attached an infographic with more information. More information can also be found on the new OxWell website: <https://oxwell.org>.

We strongly encourage all Slough education settings to take part in this year’s OxWell Student Survey.

**To sign your school or college up now, please** [**click here.**](https://oxwell.org/schools-colleges/)

Thank you in advance for helping us to maximise participation in this important survey, the results of which will enable us all to better understand and support the health and wellbeing of children and young people in Slough.

Kind regards,