

# Educate Empower Encourage Employment

WE SPECIALISE IN SUPPORTING OFFENDERS, EX-OFFENDERS AND THE LONG TERM UNEMPLOYED.

## Frequently asked questions

- **Do you offer travel?**  
we are not able to assist with paying travel for this course. we will support you to plan to come along.
- **Will refreshments be provided?**  
Tea, coffee, soft drinks and biscuits will be provided.
- **Is it just a course?**  
No, the 4es support will offer 1:1 and group sessions depending on what you need
- **How do I book my place on the course?**  
To book a place on a course or seek 1:1 support please email [4estoemployment@browns.co.uk](mailto:4estoemployment@browns.co.uk)

## COURSES IN SLOUGH

### 4E'S SUPPORT

Courses running  
in Slough  
in December and January

Use the email address  
below to request a place  
and we will contact you  
to arrange

## BROWNS

COMMUNITY SERVICES CIC

Email

[4estoemployment@brownsco.co.uk](mailto:4estoemployment@brownsco.co.uk)

Tel - 07907 574948

[www.brownsco.co.uk](http://www.brownsco.co.uk)

 [facebook.com/brownsco](https://www.facebook.com/brownsco)

 [@BrownsCIC](https://twitter.com/BrownsCIC)

# BROWNS

COMMUNITY SERVICES CIC

### 4Es COURSE SLOUGH

## Employment

Educate Empower Encourage



Limited  
Spaces  
Apply Now!

# BROWNS

## COMMUNITY SERVICES CIC

### 4E'S SUPPORT

Our unique **Browns 4E courses** is designed to Empower, Educate and Encourage you onto the pathway to Employment in a safe setting.

The programme will also offer bespoke support for people to move towards employment. The aim is to enable the participants to access the learning they need and take steps towards gaining employment.

Staff members and trained volunteers will be available to you to offer guidance before, during and after the sessions.

The support comprises group sessions with 1:1 support for self-esteem, goal setting, CV's, application forms, job hunting and self employment. The course will also offer educational opportunities.

“I am hugely grateful for all the help and support you have given me in the last year. Keep up the amazing work.”

*Browns Community Services Client, March 2017*

## E DUCATE

We will work to create and maintain a positive attitude to learning both for personal and professional development. It is an essential skill in itself to know where to find appropriate information, as without information the choices open to people are limited.

**THIS WILL INCLUDE AWARENESS FOR MENTAL WELLBEING.**



## E N C O U R A G E

Course attendees will learn how to goal set. Setting goals is a means by which an individual can take charge of his/her life. The process of setting a goal involves people thinking about their values and the direction that they would like their lives to follow.

**CHOICES ARE MADE THROUGH REFLECTION FOLLOWED BY ACTION.**

## E M P O W E R

We will take time to think about and develop your self esteem and work on your positive qualities, whilst also being aware of any negative traits which may reduce effectiveness. Top tips for building confidence and having respect for others will be shared.

**THIS WILL ENABLE COURSE ATTENDEES TO REALISE THEIR FULL POTENTIAL.**

## E M P L O Y M E N T

We will identify your skills, training and experience that may be useful in employment, and match jobs to your skills and strengths as well as to your situation and lifestyle.

**THERE WILL BE AN OPPORTUNITY TO APPLY FOR A COURSE YOU MAY BE INTERESTED IN AND THE OPPORTUNITY TO CREATE YOUR CV.**