

Walk to School Week

Better by...



About this activity

Suitable for primary school children. Supports the PE, PSHE and Citizenship curriculum.

Walk to School Week is a yearly event held in May to raise awareness of walking and other active ways to travel. Walk to School Week will begin on Monday 20 May 2023.

Encourage pupils to make a personal pledge on how many times they intend to walk during the week.

You can also use our pedometer challenge record sheet to keep track of how much your pupils are walking.

How it helps

- Supports the PE and PSHE National Curriculum
- Encourages active travel.

Resource

Useful links, templates and case studies to support this activity:

- Living Streets [Walk to School Week](#)
- [Registration](#)

This activity can count towards your Modeshift STARS accreditation:
Travel activity - C16-C18



Activity steps

- 1. Visit Living Streets**
Go to the [Living Streets website](#) to get started.
- 2. Get prepared**
Share your ideas, agree your targets and discuss any challenges you face. Order the resources and invite your parents, carers and pupils to get involved.
- 3. Make a pledge**
Before the week starts ask your pupils to make a personal pledge as to how much they will walk.
- 4. Celebrate your walkers**
Throughout the week celebrate those taking part by sharing their efforts in your class and assemblies.
- 5. Check for success**
Find out from your school community about the week's benefits and challenges. Ask pupils and their parents/carers whether the week has changed their attitudes towards walking to school.
- 6. Tell your story**
Sign into Modeshift STARS to add your story and include pupils' feedback. Explain the activity and add photos and any posters or promotional materials. Feedback to your borough officer.