

## Training details

Five days of training from Educational Psychologists (9.15am-3.15pm) during the Autumn and Spring terms 2023-2024.

The training will take place at: **Arbour Park, Room 1**

Training Session Content	Date
<b>1</b> Raising Emotional Awareness Emotional literacy in schools ELSA Line managers' session	Monday 25 <sup>th</sup> September 2023
<b>2</b> Building resilience and self esteem Security and attachment Belonging and helping children feel secure	Monday 16 <sup>th</sup> October 2023
<b>3</b> Building resilience and self esteem Developing a sense of self Developing motivation and competence	Monday 27 <sup>th</sup> November 2023
<b>4</b> Managing strong emotions Social and Friendship Skills	Monday 15 <sup>th</sup> January 2024
<b>5</b> Active Listening and Reflective Conversations The use of puppets in ELSA work.	Monday 19 <sup>th</sup> February 2024

For further information

Please contact:

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Please book your place through



E: [thelink@slough.gov.uk](mailto:thelink@slough.gov.uk)

W: <https://thelink.slough.gov.uk>

Or directly through Eventbrite:

<https://www.eventbrite.co.uk/e/630708525177>



## What is an ELSA?

ELSAs are Emotional Literacy Support Assistants. They are Teaching Assistants who have received specific training from Educational Psychologists from whom they receive on-going supervision following training. Their role is to support children and young people in school to understand and regulate their own emotions, learn to respect others around them and to develop resilience.

## How would an ELSA benefit your school?

There has been consistent feedback from schools across the UK that the introduction of ELSAs has made a significant positive impact on the emotional wellbeing of children and young people and their ability to manage better at school – socially, emotionally and academically.

## How would it work?

ELSAs will receive five days of training from Educational Psychologists to help them to plan, deliver and evaluate bespoke interventions for identified pupils in their schools. Following the initial training ELSAs meet every half term (6 times a year) for a group supervision session with other ELSAs and an Educational Psychologist.

## How much does it cost?

### Costs per ELSA:

<b>5 days of training</b> from Educational Psychologists	<b>£420</b>	<b>Total</b>
<b>Supervision</b> (6 sessions per year starting March 2024)	<b>£180</b>	<b>£600</b> <b>+fees</b>