

Measles spreads quickly and can be serious.

Is your child protected?

Vaccinate to protect your child against Measles, Mumps and Rubella.

Watch for more info



Two doses of MMR vaccine give protection for life. Make sure your child is up to date:

At 1 year
At 3 years 4 months

Contact your GP practice if your child has missed any vaccinations.

Watch for more info



**Adults who
missed out
on the MMR
vaccine in
childhood
can catch
up at any time.**

**Visit nhs.uk/MMR
for more information.**