



Regional Office: 224 Berwick Avenue, Slough, SL1 4QT: 01753 373464 / 0800 7723578
HQ: Thames Court, Richfield Avenue, Reading, RG1 8EQ

18 June 2024

FAO: parent/carers of children who start primary school in September 2024.

RE: School Nurse Health Service

Solutions 4 health provides your School Nursing Service which aims to promote a healthy lifestyle for school aged children between the ages of 4-19 following the healthy child programme.

Every primary school has a named school nurse who is qualified to provide age-appropriate advice, support or signposting on a range of health issues that may affect your child, this could include:

- General health and growth
- Dental hygiene and oral care
- Hearing and speech
- Exercise
- Smoking and drugs education
- Bullying
- Long term health conditions
- Eating and nutrition
- Bedwetting and soiling
- Puberty
- Healthy Relationships
- Mental Health and Emotional Wellbeing
- School absence
- Being a Young Carer

Your child may be referred to the school nursing team, with your consent, by a school teacher or pastoral care lead. We may also want to discuss health and wellbeing needs with you or your child following the School Nurse health review.

What is the school entry School Nurse health review?

The school nursing team offer all children starting a school a health review to identify any health and wellbeing needs that may require additional support.

In addition to the health questionnaire your child will be invited to attend the 'National Childhood Measurement Programme' which supports local services to provide a whole school approach to healthy lifestyles.

Children in Reception will also be invited to have their vision and hearing screen completed.

What are the benefits for my child?

These reviews will use your child's voice through your answers to identify individual health needs and allow our team to provide individual parent/carer, small-group or year-group health and wellbeing sessions to meet the needs of your child.

Health and wellbeing needs that are identified at their earliest presentation will enable your child to receive help at the earliest opportunity from the most qualified health professional and as such prevent problems from getting worse.

If you feel your child or family has more complex needs, the school nursing team can support the coordination of care from local [early help](#) services.

How does it work?

For children in **Reception Year**, you as the parent/carer will use the link below to answer an online health assessment tool (questionnaire). Upon completion of the assessment, where there is a health need identified, a member of the School Health Team will contact you to discuss support options.

[School Entry parent link.](#)

Visit our website at <https://www.publichealthnursing4slough.co.uk/> - forms - School Entry Health Review

Please note the link will be open between 2nd July 2024 – 28th September 2024

NEW: School Readiness – Rady to Learn summer programme

To support families with the transition to school, the public health nursing team will be delivering health education sessions during the summer break. These sessions are an introduction to some of the common health and wellbeing questions asked by parents/ carers when their children start school.

1. Toilet training and self-care including dressing and undressing,
2. Oral health and routine appointments including dental care routines.
3. Healthy eating and healthy weight including lunchboxes and independent feeding.
4. Emotions, behaviours and new routines including your child's first day at school.
5. Childhood accidents/ minor ailments and managing medical needs in school.
6. Being active as a family and a good night sleep for all.

If you would like to attend, please call our administration team who will book you into the session(s) of your choice. Places are limited so please book on early by calling 01753 373464/ 0800 772 3578

The National Childhood Measurement Programme (NCMP)

Every year in England, children in **Reception Year** have their height and weight measured as part of the National Child Measurement Programme (NCMP). You will receive another letter before we start the programme to explain more.

Vision and Hearing screening.

Every year we offer a vision and hearing screening test for all children in **Reception Year**. These tests are designed to support the early identification of sight or hearing problems. Early detection means that effective treatment can be quickly offered and will also ensure that you and your child have access to any special learning support services that are needed. You will receive another letter before we start the programme to explain more.

What if I have questions?

A member of the Public Health Team will be available via our duty line between 09:00 – 17:00 every weekday, please call 01753 373464 / 0800 7723578. You can also visit our [website](#) or email us at soltd.publichealthnursing4slough@nhs.net

We look forward to working in partnership with you,

Heather Bartlett

Heather Bartlett,

0-19 Team Lead -Specialist Community Public Health Nurse (School Nursing/Health Visiting)

To empower Families in our Community to find Solutions 4 Health and Wellbeing

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Solutions 4 Health provide NHS-based services for children and young people attending a Slough state school.