



Regional Office: 224 Berwick Avenue, Slough, SL1 4QT : 01753 373464 / 0800 7723578
HQ: Thames Court, Richfield Avenue, Reading, RG1 8EQ

FAO: Head Teacher

Friday, 14 June 2024

Dear Sir/Madam

RE: School Health Team summer programme: Ready to Learn

Solutions 4 health provides your School Nursing Service which aims to promote a healthy lifestyle for school aged children between the ages of 5-19 following the Healthy Child Programme.

The School Health Team consists of specialist community public health nurses (named school nurses), school health staff nurses, a public health youth worker, a nursery nurse and healthcare assistants. You may be visited by one or all of these professionals during the school year.

NEW THIS YEAR

To support the delivery of early intervention advice and support for families we would like to encourage parents/carers to complete the school entry health review during the summer break. This will enable our team to review any health and wellbeing needs and provide support in the home before children start school, with the aim of easing their transition to school routines and expectations.

As such we are asking all school to provide parents with our service offer letter as part of their induction to your school.

In addition, we are offering a summer programme for parents with children starting school in September to support the transition and get their children 'Ready to Learn'. Our sessions are:

1. Toilet training and self-care including dressing and undressing.
2. Oral health and routine appointments including dental care routines.
3. Healthy eating and healthy weight including lunchboxes and independent feeding.
4. Emotions, behaviours and new routines including your child's first day at school.
5. Childhood accidents/ minor ailments and managing medical needs in school.
6. Being active as a family and a good night sleep for all.

This programme is open to any parent/carer with a child starting school in September 2024.

Referrals into our service also remain active during the summer.

If you have any concerns about a child having their health needs met either through poor parental health literacy, neglect or poor child health literacy and wish to refer them to our service, please see the attached guidance and referral form. All referrals can be sent securely to sol ltd.publichealthnursing4slough@nhs.net, using the subject title 'School Nurse Referral'.

We look forward to working in partnership with you.

Heather Bartlett

Heather Bartlett,

0-19 Team Lead -Specialist Community Public Health Nurse (School Nursing/Health Visiting)

To empower Families in our Community to find Solutions 4 Health and Wellbeing

T. 01753 373464 | A. Public Health Nursing 4 Slough, 224 Berwick Avenue, Slough, SL1 4QT
www.publichealthnursing4slough.co.uk | www.solutions4health.co.uk

Solutions 4 Health provide NHS-based services for children and young people attending a Slough state school.