

# What's on

# Penn Road

## Children's Centre and Family Hub

September to  
December 2024

### Monday

#### Solutions4Health Parents Health Education Session

No booking required (2-5's)  
**9.30 to 11am**

9 Sep, 16 Sep, 23 Sep,  
30 Sep, 7 Oct, 14 Oct

#### Slough Children First SENDAID

Appointment only  
**9am to 12noon**  
To book an appointment  
email [earlyhelp@sloughchildrenfirst.co.uk](mailto:earlyhelp@sloughchildrenfirst.co.uk)

### Tuesday

#### Solutions4Health Development Reviews

Appointment only  
**8.45am to 3pm**

#### Frimley Health Neonatal Clinics

Appointment only  
**9am to 4pm**

#### Slough Children's Centre Weaning your premature baby

**12.30 to 2pm**

20 Aug, 24 Sept, 22 Oct,  
26 Nov, 17 Dec  
To book your place email  
[childrens.centres@slough.gov.uk](mailto:childrens.centres@slough.gov.uk)

### Wednesday

#### Slough Children's Centre Play and Learn for 0-4 years

Booking required see below  
**9.30 to 11am**  
Weekly

#### Slough Library Service Storytime at The Curve

Followed by Duplo  
William Street, SL1 1XY  
**10.30 to 11am**

### Thursday

#### Berkshire Vision Support Group

Invite only  
**9am to 3pm**  
Monthly sessions

#### Slough Domestic Abuse Service Advice and Guidance

Drop-in  
**10am to 4pm**  
5 Sep, 19 Sep, 3 Oct, 17 Oct, 31 Oct,  
7 Nov, 21 Nov, 5 Dec, 19 Dec

#### Slough Children's Centre Welcome to your Children's Centre

No booking required  
**9.30 to 10.30am**  
12 Sep, 10 Oct, 14 Nov

#### Solutions4Health 0-19 Drop in

**1.30 to 3.30pm**  
5 Sep, 3 Oct, 7 Nov, 5 Dec

#### Homestart Connect Workshop

Booking required  
**9.30 to 11.30am**  
19 Sep, 26 Sep, 3 Oct, 10 Oct, 17 Oct

#### Slough Children's Centre Buggy/Less Walk

No booking required  
**9.30 to 10.30am**  
19 Sep, 17 Oct, 21 Nov

### Friday

#### Solutions4Health Development Reviews

Appointment only  
**8.45am to 3pm**

#### Slough Children's Centre Play and Learn for 0-4 years

Booking Required see below  
**1.30 to 3pm**  
Weekly

#### Talking Therapies Wellbeing Service

Drop-In  
**10am to 2pm**  
6 Sep, 20 Sep, 4 Oct, 18 Oct,  
1 Nov, 15 Nov, 6 Dec, 20 Dec

#### Slough Early Years Service SEN Group

Invite only  
**9.30 to 11am**

For further  
information  
about Family  
Hub services  
click here



**Penn Road Children's Centre**  
Penn Road, SL2 1PG (Manor Park)  
Tel: 01753 574420  
[childrenscentre@slough.gov.uk](mailto:childrenscentre@slough.gov.uk)  
Early Years Provision  
8am to 6pm all year

# More information on our sessions

## Healthy Start Vitamins

To collect vitamins, please bring your healthy start card and/or Red Book along to the Centre reception.

## Welcome to your Children's Centre

A new session for expectant and new parents to come along and meet the team and find out what is on offer at their local Centre.

## Healthy Start

If you are on a low income and receiving certain benefits, you may be entitled to help to buy food and milk. For more information please see How to apply - Get help to buy food and milk (Healthy Start) or contact the centre and someone will be able to help

## Talking Therapies Wellbeing Service

Help to work through problems and feel empowered to find solutions to issues such as benefits, debt, housing eviction, realistic goal setting, losing weight, improving fitness and more!

## Play and Learn

To book on to a Play and Learn session please call from 8.30am on the morning of the session. Spaces are limited so we advise you to call early to book.

## Other Local Library Sessions The Curve

Wednesday 10.30 to 11am  
Saturday 11 to 11.30am

Cippenham Library  
Tuesday 2 to 2.30pm  
Thursday 11 to 11.30am

## Connect Workshop

For parents of children who are waiting for or have a diagnosis of Autism. To book a place and for further information please email [office@homestartberkshireeast.org.uk](mailto:office@homestartberkshireeast.org.uk)

## Foodbank Voucher

Please contact the Centre if you require a food bank voucher and someone will be able to help you.

## For Breastfeeding Support

Please contact Jacqui Shadrache on 07889 304302 or email [Jacqui.Shadrache@slough.gov.uk](mailto:Jacqui.Shadrache@slough.gov.uk)

## Buggy/Less Walk

Buggy walks are a great way for expectant or new parents to get active while caring for their baby. These walks are open to all families.