



YOUNGMINDS

**Hello
Yellow**
THURS 10 OCT

**Wear it loud.
Wear it proud.**

This World Mental Health Day, 10th October, wear yellow and donate to YoungMinds.

Less than 1 in 3 young people are getting the support they need for their mental health. This needs to change. With your support – it can.

#HelloYellow

M&S | YOUNGMINDS

YoungMinds, registered Charity in England (1016968) and Scotland (SC039700)