



STAY TRUE TO YOU

**Free online training sessions for all those
working to support young people**

Help keep young people safe and build their
confidence to make the right decisions

When:

9.30am – 12pm, Wed 9 October – held online via Zoom → [**register in advance**](#)

12.30pm – 3pm, Tues 5 November → [**register in advance**](#)

Who should attend:

Open to anyone in the Thames Valley area who works with young people in either a paid-for role or as a volunteer. Open to teachers, youth workers, sports coaches, health and care, emergency services, voluntary and community sector organisations. If you have a role providing support to young people, this training is for you.

Course content:

The Stay True to You campaign aims to prevent violence, conflict and knife crime. It takes a positive approach to supporting young people to help them build confidence and make the right decisions.

Each session covers:

- The risk factors behind knife crime and violence
- Exploitation and county drug lines
- Online harms
- How fear is for many the biggest driver to carrying a weapon.

It will give practitioners the confidence to have those difficult conversations with young people and parents. Receive support on how to use the **Stay True to You resources** including:

- What young people told us
- Conversation starters
- Workshop or lesson plan
- Posters and leaflets
- Parent resources including online information sessions
- Training for your organisation and wider teams

How to join

Register in advance via the links below – you will receive joining instructions (check Junk/Spam folders in case they are blocked)

→ [9.30am – 12pm,](#)
[Wed 9 October](#) (online)

→ [12.30pm – 3pm,](#)
[Tues 5 November](#)

Contact

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