





# STAY TRUE TO YOU



**Free online training sessions  
for parents, carers and wider family  
or community members**

**Tuesday 12 November, 6.30pm–8.30pm (online) → [register in advance](#)**

**Thursday 21 November, 6.30pm–8.30pm (online) → [register in advance](#)**



## Course content:

Everyone is worried about the levels of violence in our community, particularly knife crime involving young people.

**The Stay True to You campaign aims to prevent violence by taking a positive approach to supporting young people to help them build confidence and make the right decisions.**

Open to all parents, carers and wider family members, these sessions are an opportunity to better understand the facts, including:

- Risk factors to crime and violence
- Exploitation and county drug lines
- Online harm
- How fear drives weapon carrying
- Legal consequences
- How to have those difficult conversations and create trusted relationships
- Sources of help and support

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Register in advance at [bit.ly/stty-12nov2024](https://bit.ly/stty-12nov2024)

**Thursday 21 November**

**6.30pm–8.30pm (online)**

Register in advance at [bit.ly/stty-21nov2024](https://bit.ly/stty-21nov2024)

Or visit the training page on the website:  
[staytruetoyou.co.uk/upcoming-training-dates-parents/](https://staytruetoyou.co.uk/upcoming-training-dates-parents/)

## Contact

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