

# Raise, Engage, Refer Training



Develop confidence raising lifestyle issues and understanding of how HENRY can benefit families



This course is designed to boost referrals into local HENRY programmes. It is suitable for a wide range of practitioners such as health and early years practitioners, school nurses and more

“ I finally feel like I know how to have this conversation with parents! It will make such a difference for them and their children. ”

Practitioners will:

- Develop skills and confidence to raise sensitive lifestyle issues with families
- Gain understanding of the local HENRY offer and the ways families could benefit
- Understand the local process for requesting support for families
- Understand why what happens in childhood is so vital for lifelong health and wellbeing
- Develop skills to build parental motivation to access HENRY support



98% rate the course good or excellent

94% feel more confident to raise lifestyle issues