

Sensory Processing workshops **online**

Does your child:

- Feel distressed by the way certain things feel?
- Become easily overwhelmed in busy or noisy places?
- Struggle to focus or sit still?



If you're a parent or carer or work with children and young people, our workshops will help you understand more about their sensory needs. We'll offer lots of simple strategies and advice to help.



Sign up on our website or scan the QR code:
cypf.berkshirehealthcare.nhs.uk/occupational-therapy

