



# CONNECT: YOUR PARENTING JOURNEY!



## Six steps to be a grounded and connected parent

#164901787

This is a programme for parents and carers that have children who are on the assessment pathway for social, communication and autism spectrum disorders (ASD).

Over six sessions you will:

- Connect with self and others
- Connect with Child(ren)
- Rules that glue and connect your family
- Connecting in panic times – routines
- Connect before Correct – positive disciplining
- Connections for next steps – what support is out there and where?

We will run the same course on different dates. Let us know which you want to join. The first course will run on Wednesday 5 September - 10 October, 9.30 - 11.30am. The second will run on Wednesday 7 November - 12 December, 9.30 - 11.30am. Venue will be confirmed nearer the time.

The course will be run and attended by Mette Theilmann from Parenting Success; Sarah Covell Early Bird and Autism Outreach worker and Anne George, SEN Family Support Worker for Slough Children’s Centres.

If you are interested in attending, please let us have the following details:

Return this slip to Home Start Slough, 111 Burnham High Street, SL1 7JZ; or return by email to: [office@hsslough.co.uk](mailto:office@hsslough.co.uk) OR ring 01628 661029 and speak to Alison.

Your name, address and contact telephone number<sup>1</sup>:

Your child(ren)’s name and age:

Are you: waiting for assessment  child recently diagnosed

How did you hear about the Connect course (please tick a box):  paediatrician  SLT  Children’s Centre  Other

<sup>1</sup>Home Start Slough will hold this contact information for our own purposes and for anonymised use with our funder. You can ask for this information to be destroyed at any time after the course has finished.