What is ELSA supervision?

Supervision has been an integral part of the ELSA model from the start and is one of the reasons why it is so successful. Initial training gives a solid background for ELSA work in schools. Supervision helps ELSAs to apply what they have learnt and offers them a reflective space to evaluate their own practice with young people.  It supports them to continue to deepen their knowledge and understanding as well as to develop practical approaches and access tried and tested resources.

Supervision involves meeting for two hours twice a term to:

* provide casework support through the application of psychological perspectives
* enable additional training in areas not covered in the initial four days
* disseminate information about useful resources
* give access to peer support
* facilitate shared problem-solving.

ELSA supervision is in addition to usual line management supervision provided within school.

Supervision begins in the spring term following completion of the initial ELSA training. After one year of supervision (having attended a minimum of 4 sessions) ELSAs become fully accredited and placed on Slough’s list of accredited ELSAs. However, supervision continues to be an integral part of ELSA practise and in order to remain on the register ELSAs are expected to continue with supervision.

As noted on the application form there is a charge for supervision of £150 or 2 hours of EP time per ELSA per year.

If you have any questions about any of the above or would like to discuss it further please feel free to contact Catherine Watson, Educational Psychologist on email catherine.watson@slough.gov.uk