Cold Weather Alert

Tel: 0370 900 0100 www.metoffice.gov.uk



NHS (Ref: MO43)

Forecast Issued on Monday, 28 January 2019 at 08:54

Cold Weather Alert

Level 3 - Cold Weather Action

http://www.metoffice.gov.uk/public/weather/cold-weather-alert/#?tab=coldWeatherAlert

There is a 90% probability of severe cold weather/icy conditions/heavy snow between 0900 on Monday 28 Jan and 0900 on Friday 01 Feb in parts of England. This weather could increase the health risks to vulnerable patients and disrupt the delivery of services.

Please refer to the national Cold Weather Plan and your Trust's emergency plan for appropriate preventive action.

An update will be issued when the alert level changes in any region. Alerts are issued once a day by 0900 if required and are not subject to amendment in between standard issue times. Note that the details of the forecast weather are valid at the time of issue but may change over the period that an alert remains in force. These details will not be updated here unless the alert level also changes, the latest forecast details can be obtained at the following link:

http://www.metoffice.gov.uk/public/weather/forecast/#?tab=map

Regional Risk Assessments for occurrence of Cold Weather conditions between 0900 Local Time on Monday 28 Jan and 0900 Local Time on Friday 01 Feb.

The areas that are likely to be affected are:

Region	Risk	Comments
North East England	90 %	Cold conditions persisting throughout most of the week, with wintry showers at times but some snow developing Tuesday evening and also potentially Thursday evening. Icy conditions expected on some of these days.
North West England	90 %	Cold conditions persisting throughout most of the week, with wintry showers at times but snow developing Tuesday afternoon and evening and also potentially Thursday evening. Icy conditions expected on some of these days.
Yorkshire and the Humber	90 %	Cold conditions persisting throughout most of the week, with wintry showers at times but snow developing overnight Tuesday and into Wednesday, and also potentially Thursday evening. Icy conditions expected on some of these days.
West Midlands	80 %	Cold conditions persisting throughout most of the week, with wintry showers at times but snow developing Tuesday evening and also potentially Thursday evening. Icy conditions expected on some of these days.
East Midlands	80 %	Cold conditions persisting throughout most of the week, with wintry showers at times but snow developing overnight Tuesday into Wednesday, and



Page 2 of 3

		also potentially Thursday evening. Icy conditions expected on some of these days.
East of England	70 %	Cold conditions persisting throughout most of the week, with snow developing overnight Tuesday into Wednesday, and also potentially Thursday evening.
Southeast England	70 %	Cold conditions persisting throughout most of the week, with snow developing overnight Tuesday into Wednesday, and also potentially Thursday evening.
London	70 %	Cold conditions persisting throughout most of the week, with snow developing overnight Tuesday into Wednesday, and also potentially Thursday evening.
Southwest England	60 %	Cold conditions persisting throughout most of the week, with snow developing Tuesday evening. Temperatures recovering slightly on Friday.

General Comments:-

Cold weather is expected to continue to affect the country through the coming week with generally northwesterly winds, with the risk highest across the north of the country. Monday and much of Tuesday will be dry and cold for much of the country away from coasts where some showers are likely which could turn wintry and where icy patches are most likely. A band of rain crossing eastwards across the country later Tuesday and into Wednesday will turn to snow at times to all levels with the some of the greatest amounts across the higher ground of the south and southeast of the UK. The cold conditions are expected to continue through the rest of the week, with bands of rain turning to snow through Thursday and into Friday, although confidence in timing and amounts beyond Wednesday is low at this stage.



Page 3 of 3

For winter health surveillance bulletins from Public Health England, please use the following link: http://www.gov.uk/government/collections/winter-health-watch

The PHE Cold Weather Plan can be accessed at the following link: http://www.gov.uk/government/collections/cold-weather-plan-for-england

A range of free resources from the Stay Well This Winter campaign can be downloaded or ordered here https://campaignresources.phe.gov.uk/resources/campaigns/34-stay-well-this-winter-

To aid local planning, listed below are the Local resilience Forum (LRFs) matched against their regions.

NHS Region	NSWW Region	Local Resilience Forum
North	North East England	Durham and Darlington Northumbria Cleveland
	Yorkshire and the Humber	Humber North Yorkshire West Yorkshire South Yorkshire
	North West England	Cheshire Cumbria Greater Manchester Lancashire Merseyside
Midlands	West Midlands	Staffordshire Warwickshire West Mercia West Midlands
	East Midlands	Derbyshire Leicestershire Lincolnshire Northamptonshire Nottinghamshire
	East of England	Bedfordshire Cambridgeshire Essex Hertfordshire Norfolk Suffolk
South	South East England	Sussex Kent Surrey Thames Valley Hampshire and Isle of Wight
	South West England	Avon & Somerset Devon, Cornwall & Isle of Scilly Dorset Gloucestershire Wiltshire and Swindon
London	London	London