



HM Government

Wellbeing For Education Return Covid-19

Mental health and wellbeing training
Learning from the pandemic

This project is funded by the Department for Education, Department of Health and Social Care, in partnership with Health Education England, Public Health England, NHS England and NHS Improvement



- ◆ **Wellbeing for Education Return** is a national programme initiated and funded by the DFE.
- ◆ It is being rolled out in every local authority in England between now and early November.
- ◆ The aim is to better equip education staff to recognise emerging issues, provide wellbeing support and promote the development of resilience to prevent as many children and young people as possible from developing mental health problems and ensuring those with pre-existing or emerging difficulties get access to the right support.
- ◆ There are two elements:
 - 1) **Training** for education staff - a nationally produced package of two webinars which will be adapted locally to the needs and context of the children and young people in that area. Schools and other settings will be asked to nominate one or more members of staff to attend the training and then take the learning back to their school/setting to implement. The nominated staff could be one, more or all of the following: the Pastoral Lead, DSL, SENDCo, Health & Wellbeing Lead, ELSA, PSHE Lead, Mental Wellbeing Lead or any other relevant role(s).
 - 2) **Support** within the school/setting to cascade and implement the learning plus on-going peer support to the staff who have attended the training plus support This support will continue until at least March 2021.
- ◆ In Slough, we are making sure that this programme enhances and supports all the wider work already taking place (or planned). We are working very closely with the Mental Health Support Team, Getting Help Service, Educational Psychology Team and will be consulting with other local organisations to ensure they know about the programme and are given an opportunity to contribute. This programme also aligns with a whole school approach to health & wellbeing.
- ◆ The **training webinars** will begin on 5th October with dates through to the first week of November.
- ◆ Participants will need to attend both webinars and ensure they attend **Webinar 1** before attending **Webinar 2**. There will be a variety of dates and times so participants can select the most convenient times for them.
- ◆ For further information please visit the Wellbeing for Education Return page on The Link website [HERE](#) or contact Susan Dyer, School Health & Wellbeing Project Officer, Slough Borough Council: susan.dyer@slough.gov.uk, 07753 316916.