# Summer Healthcare Highlights

As we head into warmer months and children are outside more, <u>Frimley Healthier Together</u> can provide advice and guidance on conditions and injuries that are common in the summer months.

As we enter exam season, there is also advice on how to deal with exam stress and the local <u>mental health</u> support available.

### **Exam Support**







ASCOT | BRACKNELL | FARNHAM | MAIDENHEAD | NORTH EAST HAMPSHIRE | SLOUGH | SURREY HEATH | WINDSOR

frimley-healthiertogether.nhs.uk/

#### Injury





#### **Hay Fever**





## **Tick Bites**



