

# School nurse

Your school nurse is:

And can be contacted at:

Phone

(For non-urgent enquiries only)

School nurses are available during term-time and school holidays

Monday - Friday  
9am - 5pm



## Contact information



0800 772 3578



[solltd.phn4sadmin@nhs.net](mailto:solltd.phn4sadmin@nhs.net)



[www.PublicHealthNursing4Slough.co.uk](http://www.PublicHealthNursing4Slough.co.uk)



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# Public Health Nursing 4 Slough

Information for parents/carers  
of school-age children

## Who we are

Each School Nurse team is made up of staff with different mixes of skills. Different members of our team will deliver different elements of the school nurse service according to their skills and competencies.

Our service is based around the delivery of the Healthy Child Programme.

When your child starts school, we support you to help them develop healthy minds and bodies as they grow towards adulthood.

The school nursing service comprises of universal and targeted components.

**The universal service** is offered to every child in Slough who is of school age, it is delivered in school or community settings.

The **targeted part** of the school nurse service delivers individual packages of care which will be delivered by school nurses or another team member following a referral for additional support.

School nursing is a universally accessible service, acceptable to all backgrounds and communities which has proven key to delivering the Government's Public Health Agenda.

## What we do

During your child's first year in school, we will complete a health review which is in the form of a health questionnaire answered by parent/carer, vision and hearing screening and height and weight measurement as part of the National Childhood Measurement programme.

During your child's final year of primary school (Year 6) they will complete a health questionnaire and have their height and weight measured again as part of the National Childhood Measurement programme.

Young people in secondary school will complete a health questionnaire in Year 9 and Year 12. They can also access the school nurse independently during our health clinics which are held every fortnight.

There are a wide range of services that School Nurses can offer, including:

- Bedwetting support
- Healthy eating and weight management advice
- Sleep, routines and behaviour support
- Emotional and mental wellbeing advice
- Healthy relationships

We can also signpost to other agencies where more appropriate, depending on need.

If you have any concerns about your child's health or development, we are always happy to discuss them further with you, please call our duty line on 01753 373 464

Or you may prefer to visit our website where you can find lots of information [www.PublicHealthNursing4Slough.co.uk/School-Nursing/](http://www.PublicHealthNursing4Slough.co.uk/School-Nursing/) and complete a contact form for advice.

If you feel your family could benefit from additional information or support from our local partner agencies, please visit Slough Family Information Service [www.SloughFamilyServices.org.uk](http://www.SloughFamilyServices.org.uk)

### Confidentiality

No information in your child's health record will be disclosed without your permission. Where necessary, consent will be sought from parents and carers before any referrals are made.