



Berkshire White Ribbon Campaign, November 2023

Saturday, 25 November 2023 is the International Day for the Elimination of Violence Against Women, also known as White Ribbon Day. For 16 days, starting on 25 November each year, thousands of people across the UK wear a white ribbon and take a stand against violence against women. Wearing a white ribbon means that you pledge to never commit, excuse or remain silent about male violence against women.

This year, the [White Ribbon Campaign](#) is encouraging individuals and organisations to make consistent choices and actions to **#ChangeTheStory** for women and girls, so they may live their lives free from the fear of violence. To help **#ChangeTheStory**, we are offering a series of online training sessions to practitioners working across Berkshire as part of the 2023 White Ribbon Campaign. Please see below, details of sessions available with information on how to book/register – any issues, please contact Sophie.wing-king@bracknell-forest.gov.uk

Week 1	AM session	PM session
Monday, 27 November 2023	<p><u>Intersectionality and cultural competency</u> 9.30am – 12.30pm</p> <p><i>Wokingham Borough Council training delivered by H.O.P.E Training & Consultancy</i></p> <p>Booking link</p>	<p><u>Domestic abuse and suspected victim suicides</u> 3pm – 3.45pm</p> <p><i>Sophie Wing-King (BFC / RBWM)</i></p> <p>Highlighting the issue of domestic abuse and the links to suspected suicides.</p> <p>Email to register your place</p>
Tuesday, 28 November 2023		<p><u>Cost of living: impact upon domestic abuse</u> 1pm – 2pm</p> <p><i>Nicola Miller (The Dash Charity)</i></p> <p>How the cost of living is having an impact on victims of domestic abuse including barriers to leaving and the tactics used by abusers.</p>



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		<p>Email to register your place</p> <p><u>Domestic abuse, mental health and alcohol</u> 2pm – 2.45pm</p> <p><i>Sue Carrington (BHFT)</i></p> <ul style="list-style-type: none"> • links between mental health and domestic abuse • links between alcohol and domestic abuse • how mental health, alcohol use and domestic abuse are associated • barriers for those with alcohol and mental health in accessing support for domestic abuse • who does what to whom? <p>Email to register your place</p>
<p>Wednesday, 29 November 2023</p>	<p><u>Domestic Violence Disclosure Scheme (DVDS)</u> 11am – 11.30am</p> <p><i>DI Andy Thompson (Thames Valley Police)</i></p> <ul style="list-style-type: none"> • what is the scheme? • pathways to triggering a disclosure (Right to Ask / Right to Know) • questions <p>Email to register your place</p>	<p><u>National Centre for Domestic Violence (NCDV)</u> 1pm – 2.30pm</p> <p><i>Sally Herzog (NCDV)</i></p> <ul style="list-style-type: none"> • who NCDV are and what they do • understanding of the orders NCDV can obtain (Non-molestation Orders, Occupation Orders and Prohibited Steps Orders) and their criteria/eligibility • awareness of Legal Aid funding and self-representing as a Litigant in Person • awareness of the benefits of the orders available



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		<ul style="list-style-type: none"> • understanding the civil court process in obtaining a non-molestation order and how the order is served • knowledge of the many ways how you can refer someone (with their consent) to NCDV • the ASSIST database (for police use only) <p>Email to register your place</p>
<p>Thursday, 30 November 2023</p>	<p><u>Stalking awareness</u> 10am – 11am</p> <p><i>Hannah Jones (Aurora New Dawn)</i></p> <p>General stalking awareness and the impact that it has on victims experiencing it.</p> <p>Email to register your place</p>	<p><u>Honour Based Abuse (HBA) and Forced Marriage (FM)</u> 2pm – 3pm</p> <p><i>Oxford Against Cutting</i></p> <p>A discussion of the definitions of HBA and Forced Marriage, understanding of 'Honour' codes, harms and reasons for abuse, prevalence, the law and professional responses, safeguarding and routes to support.</p> <p>Email to register your place</p>
		<p><u>Domestic abuse and older people</u> 3.30pm – 4.30pm</p> <p><i>Natalie Attfield (The Dash Charity) & Bex Ewing (Hourglass)</i></p> <p>There are a multitude of obstacles faced by older people when they try and seek support for domestic abuse. Older victims are also under-represented, despite typically living with the abuse for far longer.</p>



Week 1	AM session	PM session
		<p>What can we do to reach older victims? How can we make sure they become – and stay – safe?</p> <p>Email to register your place</p>
Week 2	AM session	PM session
<p>Monday, 4 December 2023</p>		<p><u>Spiritual abuse</u> 1pm – 2pm</p> <p><i>Wokingham Borough Council training delivered by Oxford Against Cutting</i></p> <p>Booking link</p>
<p>Tuesday, 5 December 2023</p>		<p><u>The psychology behind the BRAVE (Building Resilience And Valuing Emotions) intervention</u> 3pm – 3.45pm</p> <p><i>Jane Barker (BRAVE)</i></p> <p>How does the BRAVE programme support people who have experienced domestic abuse? Here is an opportunity to experience one of the early sessions to understand the programme from a participant’s perspective.</p> <p>Email to register your place</p>



Week 2	AM session	PM session
<p>Wednesday, 6 December 2023</p>	<p><u>MARAC & DASH</u> 9.30am – 1pm</p> <p><i>Bracknell Forest Council training delivered by Sophie Wing-King (BFC / RBWM)</i></p> <p>BFC staff book via iWork. External staff email your booking request to organisational.development@bracknell-forest.gov.uk.</p>	
<p>Thursday, 7 December 2023</p>	<p><u>Child and Adolescent to Parent Violence and Abuse (CAPVA)</u> 9.30am – 10.30am</p> <p><i>Alice Brown (SAFE!)</i></p> <p>CAPVA is a complex and underreported form of family violence. This session will provide:</p> <ul style="list-style-type: none"> • an overview of the issue of CAPVA • an explanation of the Building Respectful Families (BRF) intervention and routes to support • further support available for families and professionals affected by CAPVA <p>Email to register your place</p>	<p><u>Coercive control</u> 12pm – 1pm</p> <p><i>Rachel Murray (BWA)</i></p> <ul style="list-style-type: none"> • definition of coercive control • stages of coercive control (SafeLives/College of Policing model) • challenges of leaving an abusive relationship <p>Email to register your place</p>
<p>Friday, 8 December 2023</p>	<p><u>Domestic abuse and post separation abuse</u> 9.30am – 10.30am</p> <p><i>Vickie Robertson (Kaleidoscopic UK)</i></p>	<p><u>Introduction to the impact of domestic abuse on children</u> 2pm – 3pm</p> <p><i>Karen Evans (Wokingham Borough Council) and Gaby Rose (Cranstoun)</i></p>



Week 2	AM session	PM session
	<p>Delivered by those with lived experience to enhance knowledge of all forms of post separation abuse, highlighting complexities, realities, challenging myths and how services can also be used as part of the abuse cycle. What are best practise responses, our pathways or duties.</p> <p>Email to register your place</p>	<p>A workshop on the impact on children and young people where they are living in or have lived in households affected by domestic abuse. The session will provide an opportunity to share insights, discuss research findings and be aware of sources of support.</p> <p>Email to register your place</p>