

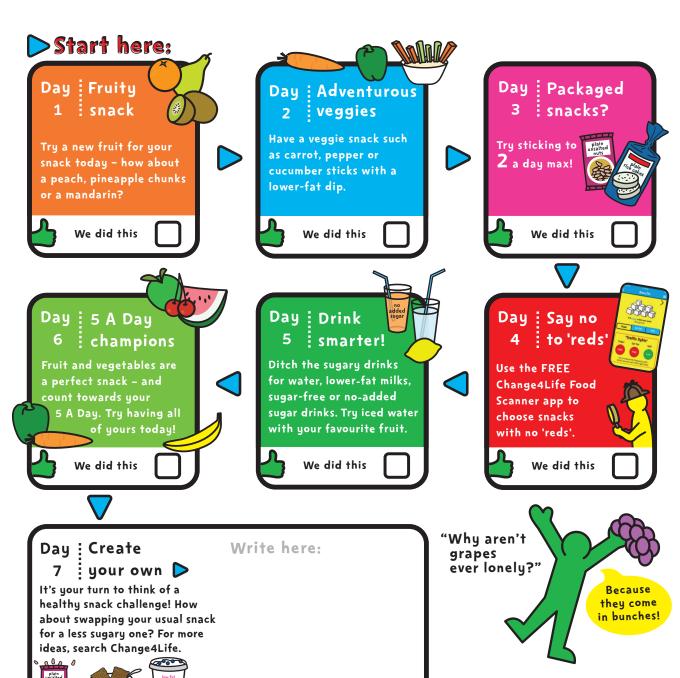
Family Snack Challenge



How to play:

Take our 7 day family snack challenge. Don't forget to tick the box each day when you complete the challenge!





We did this

Search Change4Life for more healthier snacking ideas