To: All parents, carers and extended family members

Date: Monday 10 June 2024



Dear parents, carers and extended family members,

Free online information sessions for parents/carers - helping promote safety for your children

As a parent, carer or family member, do you wonder what is happening in your child's life and worry about their safety, their ability to make the right choices for themselves?

Do you wish you knew more about some of the risks they may encounter, the influences they feel such as online harms or even exploitation by others?

Do you want to help your child feel comfortable to talk to you or to another trusted adult if they don't feel safe or have a concern?

Join one of our free, online parent information sessions. There are still spaces on the remaining dates and we hope that you can spare the time to join these interesting and interactive sessions.

Run by the Ben Kinsella Trust, the leading national charity working to educate young people on the dangers of knife crime, the sessions are run by an expert trainer who has been working with parents across the country.

We want to help all parents to understand the facts behind issues such as:

- Personal safety
- Knife crime
- Exploitation
- Online harm and cyber-bullying
- Signs and symptoms that something is wrong
- How to have those challenging conversations
- · Signposting to services that can help you and your children

Each session is held online in a safe and welcoming environment with other parents, with the training helping to build your understanding while also giving time for discussion and questions.

Registration is free – but must be completed in advance by clicking the links below:

- 1pm 3pm Thursday 20 June
- 10am 12pm Friday 28 June
- <u>6.30pm 8.30pm Thursday 4 July</u>

Our new website, <u>Stay True To You</u> has been developed in response to what local young people have told us about their experiences and perceptions of violence, crime and their safety.

With the summer holidays approaching we all want young people to enjoy their free time and independence in safety. I hope that you will join us on one of these parent information sessions.

Kind regards,

<u>Tim Wiseman</u> Head of Communications – Thames Valley Violence Prevention Partnership

Thames Valley Violence Prevention Partnership

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