







From Bottles to Cups



Keep your child's teeth healthy and help prevent speech delay by following these tips:

<u>DO</u>





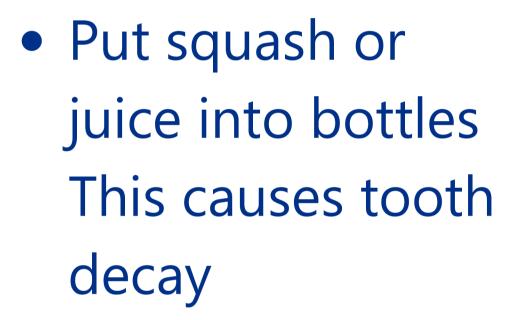


- Brush your child's teeth just before sleeping
- Try to stop bottles after the age of 1 years





<u>DON'T</u>





- Leave your child alone with a drink at sleep times
- Add honey or sugar to milk in a bottle or cup





