

# Penn Road // Children's Centre and Family Hub

January to March 2025

### Monday

### Slough Childrens Centres Play and Learn Newborns to Crawlers

Newborns to Crawlers
Booking required see below
10-11am



### Tuesday

### HCRG Development Reviews Appointment only 8.45am-3pm

### Frimley Health Neonatal Clinics Appointment only 9am-4pm

# Slough Children's Centre Weaning your premature baby 21 Jan, 18 Feb, 18 Mar To book your place email Childrens.Centres@slough.gov.uk 12.30-2pm

### Wednesday

## Slough Children's Centres Play and Learn for 0-4 years Booking required see below 9.30-11am

#### Slough Library Service Storytime at The Curve Followed by Duplo William Street, SL1 1XY 10.30-11am

#### Slough Children First SENDAID

Appointment only
9am-12noon
To book an appointment
email earlyhelp@
sloughchildrenfirst.co.uk

For further information about Family Hub services click here





#### Penn Road Children's Centre

Penn Road, SL2 1PG (Manor Park)
Tel: 01753 574420
Childrens.Centres@slough.gov.uk
Early Years Provision
8am to 6pm all year

### Thursday

#### Berkshire Vision Support Group Invite only 9am-3pm Monthly sessions

#### Slough Domestic Abuse Service Advice and Guidance Drop-in 16 Jan, 30 Jan, 6 Feb, 20 Feb, 6 Mar, 20 Mar 10am-4pm

#### Slough Children's Centre Welcome to your Children's Centre No booking required 9 Jan, 13 Feb, 13 Mar 10.30-11.30am

### HCRG 0-19 Drop-in 1st Thursday of the month 1.30-3.30pm

### Homestart Connect Workshop Booking required 16 Jan. 23 Jan. 30 Jan. 6 Feb. 13 Fe

16 Jan, 23 Jan, 30 Jan, 6 Feb, 13 Feb 9.30-11.30am

#### Slough Children's Centres Music or Story Session Britwell Library 16 Jan, 6 Feb, 20 Feb, 6 Mar, 20 Mar 10.30-11.30am

#### Friday

# HCRG Development Reviews Appointment only 8.45am-3pm

# Slough Children's Centres Play and Learn for 0-4 years Booking required see below 1.30-3pm

#### NHS - Talking Therapies Wellbeing Service No appointment neccesary 10 Jan, 24 Jan, 7 Feb, 7 Mar, 21 Mar 10am-2pm

#### Slough Early Years Service SEN Group Invite only 10am-12noon





## More information on our sessions

### Healthy Start Vitamins

To collect vitamins, please bring your healthy start card and/or Red Book along to the centre reception.



Help to work through problems and feel empowered to find solutions to issues such as benefits, debt, housing eviction, realistic goal setting, improving fitness and more!



### Welcome to your Children's Centre

A session for expectant and new parents to come along and meet the team and find out what is on offer at their local centre.

#### Healthy Start

If you are on a low income and receiving certain benefits, you may be entitled to help to buy food and milk. For more information please see
How to apply - Get help to buy food and milk (Healthy Start)

#### Play and Learn

To book on to a Play and Learn session please call between 8.30 and 9am on the morning of the session. Spaces are limited so we advise you to call early to book.

Other Local Library Sessions The Curve

Wednesday 10.30-11am Saturday 11-11.30am

Cippenham Library Tuesday 2-2.30pm Thursday 11-11.30am

#### **NEW: Facebook Group**

Once you have registered, join our Facebook group to keep up to date with what is going on in your local area:

Penn Road Family Hub

Have you registered with your Children's Centre and Family Hub?

Please scan the QR code for a registration form.





### For Breastfeeding Support

Please contact
Jacqui Shadrache on
07889 304302 or email
Jacqui.Shadrache@slough.
gov.uk

